

OAKMONT NEWS

Oakmont's Semimonthly Newspaper

www.oakmontvillage.com/news

November 9, 2024 • Volume 62, Number 21

Hall of Honor

The CAC held a Hall of Honor that featured photos of around 30 veterans who live in Oakmont. The photo display will move to Room G in the Berger Center in time for the Veterans Day Parade and Program on Nov. 11. (Photo by Julie Kiil)



Getting To Know Oakmont's Fire Station #7

Editor's Note: Katy Carrel, co-chair of MYN in Oakmont, has been collaborating with SR fire officials to bring periodic columns of interest and safety for Oakmont members.

■Kempen Robbins, Assistant Fire Marshal/CUPA Program Manager SR Fire Department

In our tight-knit community of Oakmont, the Santa Rosa Fire Department is more than just a fire station; it is a lifeline for the residents who live here. On a 48-hour work shift, three Santa Rosa Fire Department crew members, typically a captain, engineer and firefighter/paramedic prepare for the day on Medic Engine 7.

Although over 63% of Medic Engine 7's calls are medical related, that is not the only responsibility of the crews throughout the day. In addition to calls that include structure and vegetation fires, traffic collisions and public assistance, the crews are also trained to respond to specialized rescue incidents involving water, trench collapse and confined spaces. When not responding to calls, the crews are maintaining the fire station and equipment, perform fire and life safety inspections on neighborhood businesses, and maintain their physical fitness to ensure they are ready when the need arises.

Large scale emergencies, including wildfires, can

happen at any time in the community and surrounding areas of Oakmont, and with those incidents comes the need to always be prepared. The Fire Department encourages all residents to visit www.srcity.org and sign up for emergency alerts, including SocoAlert and CivicReady, and to review your evacuation zones and travel routes.

It is also important to prepare a pre-evacuation checklist and remember to heed all guidance, warnings and orders provided by local officials. Always use your best judgment in an emergency situation. If you feel unsafe, have physical limitations, or need additional time, don't wait for an evacuation order. Develop plans with neighbors or family members who can assist you if needed.

For more on all Wildfire Ready Information and emergency preparedness please visit SRCity.org/WildfireReady.

Next: Fire safety in the home.

Annual Turkey Drive Set for Nov. 23

■News Staff

Oakmont will hold the Eighth Annual Turkey Drive from 10 a.m. to 1 p.m. Nov. 23 in the Berger parking lot. Donations of frozen turkeys benefit the Redwood Gospel Mission's Great Thanksgiving Banquet, an annual feast held at the Fairgrounds.

Your donation of food or money can also help to provide food boxes to families in need. The drive marks the eighth year Oakmont has participated in this important community outreach.



Carol Pence, left, and Susan Chauncy, at last year's turkey drive. (Photo by Julie Kiil)

If you are unable to purchase a turkey, you may still make a donation during the hours of the drive. Please drop off a check made payable to the Redwood Gospel Mission or call drive organizer Susan Chauncy, (775) 313-7911, to make arrangements for check pick up.

Official News Sources for Oakmont

■News Staff

A lot is happening in Oakmont! To keep up to date with all things in our community, be sure to follow the official news and information sources for Oakmont Village Association. This would be this *Oakmont News* newspaper, our website at oakmontvillage.com, and our e-blasts, including our weekly *Inside Oakmont* email newsletter.

To sign up for our email newsletter and other e-blasts, follow the instructions at oakmontvillage.com/eblasts.

Office Hours on Veterans' Day

On November 11, the office will be closed 9 a.m. to 1 p.m. to allow staff to participate in the Veterans' Day Parade and Program. The office will re-open at 1 p.m.

Oakmont Vets Club

■Paul Gowins

VETERANS' DAY PARADE NOV. 11 PROGRAM

Our long-anticipated Veterans Day Parade and related events will finally arrive on Monday, November 11. The parade begins at 9:30 a.m. after we enjoy the free coffee and donuts donated to us by McBride Realty. You'll be happy to know that this year's route includes our west neighbors, and spans



Photo by Julie Kiil.

the majority of Oakmont.

See parade route map and directions on page 15.

Following the procession, the program at the Berger will begin at 11 a.m., led by John DeGroot, and then we will have our featured speaker Colonel Misty Zelk, MD. The Hall of Honor, featuring many of our Oakmont Veterans, will be moved from the Central Activity Center over to the Berger on Nov. 10 to be in place for viewing before all the program events begin at the Berger.

Following those events at the Berger, which will culminate the official celebrations of Veterans Day, everyone is invited to cross White Oak and go to Oakmont Gardens to have a Bar-B-Que again this year. Like last year, they're offering a free Bar-B-Que for all veterans, and all non-veterans will pay only \$10. It promises to be a delicious finale for all those who observed our day of celebrations.

See **VETS PARADE MAP** on page 15



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LRPC Seeks to Fill Vacancies

■Rex Fuller, LRPC Chair

The Long Range Planning Committee (LRPC) is looking for new members to fill vacancies. As a member of the LRPC you can help shape the future of our community. The LRPC charter states:

“The committee’s primary purposes are: (1) to advise the OVA Board of Directors and (2) to research and prepare recommendations that will assist the OVA Manager and the OVA Board of Directors in meeting the Association’s facility and staffing needs. The committee focuses on a rolling 10-year period with emphasis on the next 5 years.”

The purview of the committee includes facility utilization, long range planning, and consideration of major upgrades, or new construction.

Responsibilities:

- Attend monthly meetings and contribute to discussions.
- Provide input on community projects and future goals.

Ideal Candidates:

- Have interest or experience in planning, development, or community leadership.
- Can collaborate and think strategically about long-term needs.

If you are interested, please submit a brief statement of interest and brief résumé, including relevant experience, by noon on December 2, to askOVA@oakmontvillage.com.

New to Oakmont?

Meet with a volunteer from the New Resident Welcome Committee to learn about everything Oakmont—from governing rules, important phone numbers, activities, services, facilities and emergency prep.

Contact us at welcome@oakmontvillage.com. The Welcome Packet is available at oakmontvillage.com/article/new-resident-welcome-packet.

Women’s Golf Club at Valley of the Moon

■Kathy Faherty

JOIN NOW! PLAY IN 2025!

Looking for a regular tee time on Thursday mornings year-round and playing with a welcoming group of women golfers? Join the Women’s Golf Club at Valley of the Moon (WGCVOM)!

This is an 18-hole group that regularly plays on the Valley of the Moon course. All handicaps are welcome and you always have the choice of playing from the Yellow tees or the Red/Yellow combo tees. Every week is a mixer, so you will quickly get to know and play with everyone in the group.

If you enjoy competition and playing with a partner, you will have the opportunity to participate in one or both of our traveling teams that have four-ball Match Play events at 10 private courses in the area without paying green’s fees.

For further information, please contact our Membership Chair, Chris Carter, at (415) 720-8274. Membership forms are located on the counter just inside the Clubroom in the Pro Shop.

OVA Employee Appreciation Fund

As the seasons change and the holidays approach, many of our members have asked, “What can we do to recognize the work of the OVA staff?” In 2016, the OVA Board approved the Employee Appreciation Fund to recognize the non-management team with a special thank-you in the form of a holiday bonus gift.

Donations will be distributed at year-end. Members who wish to donate may contribute via check by December 13 to the OVA Office at 6637 Oakmont Drive, Suite A.

Please make checks payable to OVA, and on the memo line, please write “EMP APP Fund” (OVA Employee Appreciation Fund).

The team at the OVA office is fortunate to work with the wonderful residents who make our job so enjoyable.



■Khiana Schmuhl,

Valley of the Moon Club General Manager

Give the Gift of Golf this Holiday season and purchase a lesson package with one of our certified golf professionals: 3–45-minute Golf Lesson Package for \$200 (\$70 Savings). Promotion will be valid starting November 1–January 15. All lessons must be redeemed by March 31, 2025.

To take advantage of this great promotion please email or call one of our instructors below: James Perkins, PGA, jperkins@playvom.com, (707) 539-0415 extension 3; Khiana Schmuhl, LPGA, kschmuhl@playvom.com, (707) 539-0415 extension 4.

SPEND THANKSGIVING AT OAK

WHAT: Thanksgiving Dinner Buffet and To-Go Orders
TIME: 2 p.m. dine-in seating

PRICE: \$55 Per Adult/\$30 Per Child

MENU: Roasted Turkey, mashed potatoes, green beans w/toasted almonds, turkey gravy (on side); tri colored roasted beet salad w/goat cheese, spinach salad w/pomegranate and blood orange; sweet potatoes w/marshmallows, cranberry sauce, apple sage stuffing, yeast rolls; assorted desserts; water, coffee, decaf, hot tea beverage station

To-go orders must be placed by Saturday, November 23, 5 p.m.

Both dine-in and to-go options require reservations: call (707) 539-0415 ext. 5 to book.

THANKSGIVING HOURS OF OPERATION

Sugarloaf Golf Course and Golf Shop- closed.

Valley of the Moon Golf Shop: 6:30 a.m.–2 p.m.

Driving Range: 7 a.m.–1 p.m.

THANKSGIVING TURKEY SHOOT GOLF OUTING

8:30 a.m. shotgun start. \$50 per player includes 18 holes at Valley of the Moon Course green fee, shared golf cart and range balls, Carts must be in by 1 p.m.

Call the golf shop at (707) 539-0415 to book today!

BLACK FRIDAY GOLF SHOP SALES

Range Card Flash Sale: \$100 range cards (\$40 savings) November 29–December 1. Blowout sales on men’s and ladies’ apparel November 27–December 1.

LIVE MUSIC AT OAK

November 11: No music

November 18: The 7th Sons

November 25: Highway 12 Band

All Music Mondays 5–7 p.m., cash cover charge \$8 at the door.

2025 GOLF MEMBERSHIPS

Membership pricing is available for 2025. Please swing by the golf shop to sign up for annual memberships.

GOLF COURSE REMINDERS

We’d like to extend a friendly reminder to refrain from fishing on any of the golf course ponds due to safety concerns. We’d also like to remind everyone to follow the golf course walking hours located on our website at playvom.com.



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Grief Support Group

■Russ McCracken

NEW TIME—9:30 AM

The Grief Support Group has a new starting time of 9:30 a.m. each Monday at 6637 Oakmont Dr., Ste B. The group is an open-ended, drop-in group for people struggling with grief and loss of a spouse, partner, child, sibling, or other significant loss.

Oakmont Sunday Symposium



Berger Center, 7902 Oakmont Dr.
Sunday, 10:30 a.m.–12 noon / \$3 donation
www.oakmontsundaysymposium.org

■Harriet Palk

Coffee, tea and snacks are available for sale in Berger from 9:45–10:15 a.m. before the presentation begins.

NOVEMBER 10: RODNEY JACKSON AND DARLA HILLARD SNOW LEOPARDS

Considered sacred to the indigenous people in the mountains of Central and South Asia, these majestic wild cats are threatened almost to extinction by poachers and habitat destruction. Snow leopards are “keystone” animals. If they thrive, so will countless other species, as well as the ecology.



Rodney, the world's foremost expert on wild snow leopards and their high-mountain habitat, and Darla have spent decades helping the local villagers and researchers live in harmony with these powerful and beautiful animals.

NOVEMBER 17: JEANE SLOANE THE DANGEROUS LIVES OF WWII COMBAT NURSES

We all know that war is dangerous and brutal. Soldiers accept these risks. The dedicated WWII combat nurses who tended to the wounded faced many of the same dangers. Some of these heroic women were captured and endured internment camps, and Black nurses experienced the added hardships of discrimination.



Jeane, author of four historical fiction novels about women in the war, will inspire us with courageous stories of brave WWII combat nurses.

NOVEMBER 24: SUE CARRELL SO, YOU FANTASIZE ABOUT RUNNING A B&B



In 1974, armed only with lots of energy, optimism and an open heart, Sue Carrell purchased and renovated an old residence in Mendocino for guests. She will regale us with all the trials and challenges she had to overcome to make MacCallum House one of the very first well-known bed and breakfast operations in California.

Oakmont Cat Care Coop

■Mary Ellen King

NEED CARE FOR KITTY WHILE YOU ARE AWAY?



Join the Oakmont Cat Care Coop and share the care! For Oakmont residents only. Active participation for over 15 years.

For information and to get on the list contact me at (707) 849-1581.

Wii Bowling Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 2–3:30 p.m. (no bowling fourth Tuesdays) to see us in action. We charge \$25 for a 10-week Tournament that includes the play-offs. 2 p.m. League: 10 teams, 4 bowlers per team. Each bowler bowls 3 games and has his/her own handicap (80%) and average. See www.oakmontlanes.com for club information, bowling dates, week results and team schedules.

Bowling dates: Nov. 12 (week #10, Veterans' Day Challenge), 19 (week #11, Thanksgiving Challenge). No bowling Nov. 26 (fourth Tuesday).

Playoff Championship: Dec. 3, 2 p.m. Top 6 teams.

CHRISTMAS PARTY

WHEN: Monday, December 9 WHERE: West Rec.
TIME: Hors d'oeuvres at 5:30 p.m., dinner 6–8:30 p.m.

RESULTS AS OF OCT. 29 (WEEK #9 FALL LEAGUE)

2 p.m. League: first place, High Rollers; second place tie, Pocket Hits and Pin Pushers; fourth place, Alley Oops; fifth place, 4 Tops; sixth place, King Pins; seventh place tie, Phantom Strikers and Strikers; ninth place, Wii Four; tenth place, Ghosts.

Men's High Games: Scott Harris, 257; Don Shelhart, 235; Charlie Ensley, 221; Mike Apicella, 210; Terry Leuthner, 200; Howard Sidorsky, 200.

Women's High Games: Vickie Jackanich, 266; Robin Schudel, 259; Sandy Osheroff, 258; Diane Price, 252; Rhonda D'Agostini, 243; Nicole Reed, 225; Joanne Abrams, 222; Laurel Earles, 215; Elisabeth LaPointe, 200.

Movies At Oakmont



WHERE: Berger Center

SCREENING DAY AND TIME: Sundays at 2 p.m.

HOSTS: Mike McInnis, Deborah Davidson, Jeff Neuman and Barbara Marquardt.

NOTE: All films are shown with English subtitles, when possible, free of charge—compliments of the OVA.



NOVEMBER 10 HORIZON:

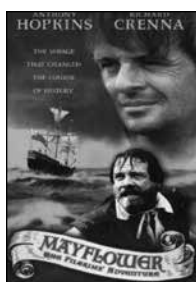
AN AMERICAN SAGA

Chronicles a 15-year span of pre- and post-Civil War expansion and settlement of the American west. 2024, R, 3:01.



NOVEMBER 17 REBEL RIDGE

A former Marine grapples his way through a web of small-town corruption when an attempt to post bail for his cousin escalates into a violent standoff with the local police chief. 2024, NR, 2:11.



NOVEMBER 24 MAYFLOWER: THE PILGRIMS' ADVENTURE

The Assembly of the Pilgrims decides to emigrate to America because of the persecution they suffer by the English crown. 1979, NR, 1:37.

Oakmont Singles Social Club



■Bailey Penzotti

NOVEMBER MIXER ANNUAL THANKSGIVING FEAST

DATE AND TIME: Sunday, November 24, 4 p.m. (corrected date)

LOCATION: East Rec. Center

Once again, Oakmont Singles will gather for a wonderful catered Thanksgiving Meal to celebrate all that we are grateful for. There will be food, fun with door prizes, a candy count, and background music for your listening pleasure.



■Vickie Jackanich / Judy Walker
Bailey's homemade Thanksgiving Pumpkin Roll cake with triple ginger gingerbread cookies.

As always, it's BYOB. To RSVP, sign up through our website, www.oakmontsinglessocialclub.org, and follow the instructions to pay \$35 (extra cost per person for this annual event).

The absolute deadline for our mixer is Monday, November 18. If having trouble in navigating our website, please contact Alan at alans25028@hotmail.com. If no computer, RSVP to Priscilla, prosllyn49@aol.com for RSVP and payment options.

No guests and no walk ins will be allowed! Remember to wear your name badge to the East Rec. Center.

This time of year is difficult for many people. In an effort to ease their burden and give a form of normalcy in their lives, please bring a donation of various items they may use such as travel sized personal hygiene products (shampoo, conditioner, deodorant, toothpaste) bars of soap, socks, underwear, blankets, coats, sleeping bags, etc. for a gift to our Sonoma County Homeless Veterans outreach holiday drive.

DECEMBER BON APPETITE (OSSC MEMBERS ONLY)

WHEN: Thursday, December 5, meet at 5:30 p.m. to carpool from the Berger Center

RESTAURANT: El Coqui Puerto Rican Cuisine, 400 Mendocino Ave., Santa Rosa, elcoqui2eat.com

"It's like hangin' out in Old San Juan."—Guy Fieri

"Your ticket to Puerto Rico! Steak, Chicken and Pork Chops cooked with authentic Puerto Rican seasonings, served with sweet plantains or fried tostones. Cuban sandwiches and more homemade favorites."

Reservation is for 20. Bring cash because the restaurant will not provide separate checks! Reservation cutoff is December 2. RSVP on our website: www.oakmontsinglessocialclub.org or email Melissa Wright, mwwright305@yahoo.com.

DO YOU LIVE IN OAKMONT? ARE YOU SINGLE?

If so, join our club to mix and mingle with other Singles. Oakmont Singles Social Club offers the opportunity to network with other singles who may have your same interests as you. For more on membership visit our website at www.oakmontsinglessocialclub.org.



Oakmont Garden Club



■Patty McHugh

MAKING A LIVING SUCCULENT WREATH

DATE/TIME: Wednesday, November 13, 9:30–10 a.m. Social, 10–11 a.m. Program, Q&A follows

WHERE: East Rec Center, 7902 Oakmont Drive

SPEAKER: Kim Pearson, Master Gardener

We welcome Kim Pearson to share her passion working with succulents. She demonstrated succulent wreath making and potted succulent pumpkins to us back in November 2019. It was a wildly popular program, and we know you will find it both useful and fun.



In this presentation Kim will create a living succulent wreath and share great tips for design and working with succulents. She will talk about succulents and how they are a resistant landscape plant for our summer dry climate. She will also bring examples of other succulent crafts. This program will inspire you to go home and try your hand at the craft—they make great holiday décor and treasured gifts.

Kim has done several succulent wreath workshops at Sonoma Botanical Garden (formerly Quarry Hill) and has an upcoming succulent workshop on November 20 at the Sebastopol Art Center. Spots are limited so enroll early.

Kim is a Master Gardener and has designed several demonstration gardens for the Master Gardeners including 9 years at the County Fair to show gardeners that low water plants can be a beautiful and sustainable option. Kim is also a Garden Sense consultant for the Master Gardeners. The Garden Sense program offers free home garden visits to Sonoma County gardeners to help with water saving, plant selection and fire safety. Check out the MG website.

Please Note: This is a regular Garden Club meeting and is intended for members only. While we always welcome one-time visitors, if you have already visited us this season, please consider joining at this meeting—good for 2025.

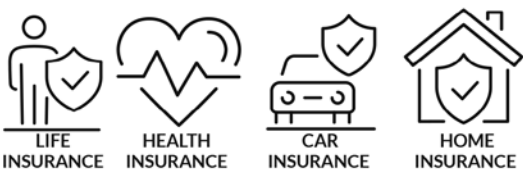


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■Vickie Horowitz/Judy Walker

Music at Oakmont



AGAVE PERFORMS MUSIC SHOWCASING THE VIOLA



Music at Oakmont is excited to present the GRAMMY®-nominated ensemble AGAVE. Known for their dynamic interpretations of early music, AGAVE will perform a program of Baroque and early Classical works, highlighting the viola's role as the "tenor voice" in the ensemble.

The concert opens with Johann Heinrich Schmelzer's "Sonata à due for violin and viola," where the viola's rich tones anchor the interplay with the violin. This is followed by J.S. Bach's "Trio Sonata in D minor, BWV 527," which showcases the viola's expressive depth across three contrasting movements: Andante, Adagio e dolce, and Vivace.

Heinrich Ignaz Franz Biber's "Harmonia artificiosioriosa," composed in the partita style, by definition, consists of a set of dances in a variety of moods from contemplative to lively, where the viola's melodic lines add grace and exuberance.

After intermission the music shifts to the early classical style with Johann Christoph Friedrich Bach's "Trio in G for violin, viola, and keyboard" which offers a charming mix of elegance and wit. The composer incidentally is J.S. Bach's fifth son. The program rounds out with Johann Gottlieb Graun's "Trio Sonata in A," in which the viola emphasizes lyrical and playful themes.

"Lend Me a Tenor" invites audiences to experience chamber music's evolution through the viola's voice, exploring its central role in shaping the ensemble's sound. Please join us for this unusual and interesting performance. To enhance this experience, we strongly suggest you read Rosemary Waller's great Program Notes which, with a lot of other information, you can find on our website: www.musicatoakmont.org

WHEN: Thursday, Nov. 21 at 1:30 p.m. (please note change of date from Nov. 14)

WHERE: Berger Center

ADMISSION: \$30 (cash or check only) or with Season Pass

Hikers



■Scott Finn

We welcome you to join us on a hike whether you are a member yet or not and the annual membership is only \$15. Go to our website at www.oakmonthikingclub.org to join the club, get hike details, club information, photos and more.

For a complete description of each hike and to register, please keep checking our website for updates.



Sonoma Valley Regional Park.

NOVEMBER 14: INTERMEDIATE HIKE SONOMA VALLEY REGIONAL PARK

Join me on my first hike as leader to Sugarloaf Ridge State Park for a 5.2-mile hike. Brushy Peaks to Neptune Picnic Table with an elevation gain of 900 feet. To get there we will take the Creekside Trail to Hillside Trail to Brushy Peaks trail. Stop at Picnic Table shortly after "Neptune on Planet" walk. With lunch here we then return the same way to parking lot or via the Meadow Trail. Mostly shady, 35% sun.

Parking fee \$8 or CA State Park pass. Restrooms at parking area. Meet at 9 a.m. at Berger parking lot. Hike leader is Barbara Marquardt, (510) 853-1320.

NOVEMBER 14: LONG HIKE NAPA SKYLINE THATCHER'S RIM-ROCK TRAIL

Skyline Wilderness Park is a city park located very near Napa. We will hike the perimeter trails of the park including the 1630 peak on Thatcher's Rim. We will follow the Skyline, Thatcher's Rim and Manzanita trails for a loop of about 8 miles and 1916 feet of elevation. Footwear with good treads will be helpful on the steeper sections climbing Thatcher's Rim. Good views of San Pablo Bay and Napa Valley.

Bring water, lunch and poles might be helpful. There is a \$7 per car parking fee. Hike leader is Frank Galli, (763) 360-9756.



Vista Trail at Sugarloaf Park.

NOVEMBER 21: INTERMEDIATE HIKE SUGARLOAF RIDGE STATE PARK

A morning hike with lovely views. We will carpool to the main parking lot and take the Creekside trail to the white barn, and then take the gravel Meadow Trail just past the Robert Ferguson Observatory. At the first trail junction we will take Grey Pine to the Vista Trail, and continue on to the Vista Rock where we will stop for a snack. Then we will take the Bald Mountain Trail back to the parking lot. Meadow to Vista loop, 4 miles, elevation 850 feet.

Bring sun protection and water, and poles if desired. A restroom is located in the main parking lot. Parking fee is \$8/day for seniors (62 and up) or \$10 regular per car unless you have a pass. Rain cancels. Leave Berger Center 9 a.m. Hike leader is Leslie Gossage, (707) 321-7841.

NOVEMBER 21: LONG HIKE NORTH SONOMA MOUNTAIN REGIONAL PARK

From Jacob's Ranch to the Hayfields, this trail, which starts at the former Jacob's Ranch, was primarily built by volunteers, and runs into Jack London State Historic Park before terminating at the Hayfields Trail. We will first hike up to the Umbrella Tree above Jacob's Ranch before coming down and continuing on the North Slope Trail. We'll find an appropriate lunch spot and turn-around point just before the trail enters Jack London SHP property. We'll hike approximately 9 miles with an elevation gain of 1100 feet.

Wear weather appropriate clothing, bring a lunch, liquids, and hiking poles if needed. Depart the Berger lot at 8:30 a.m. Hike leader is Dave Chalk, (707) 972-8988.

Star of the Valley Catholic Church

■Peter Hardy

UPCOMING DINNER EVENT BINGO BAKED POTATO BAR

Star of the Valley will present its monthly bingo and dinner on Tuesday, November 19, starting at 4 p.m. A baked potato bar dinner will follow at approximately 5:30 p.m. Cost of dinner is \$10 and bingo cards are \$2 each. Soft drinks and wine will be available at a nominal cost.

All are welcome. We ask that you arrive between 3:30–3:45 in order to purchase your dinner and bingo cards so that the games can begin at 4 p.m. promptly. If you don't play bingo, feel free to come for dinner at approximately 5:30 p.m.

Lifelong Learning



■Marlena Tremont



MORE JOY—WE'RE STILL HERE SATURDAY, NOV. 16, BERGER, 7 PM, TICKETS \$25, THEATER SEATING

More Joy is a deep and delightful quartet of artists performing folk, country, and blues. A crowd favorite in Oakmont, our hometown gals present We're Still Here, a celebration of community, and the restorative power of shared music. But don't let the hometown label fool you. Each group member comes to Oakmont with a world of geographic and musical experience.

To register for classes or concerts, go to OakmontLL.org, leave a check in the OLL folder at the OVA office or pay at the door.

WINTER 2025 CLASS PREVIEW SAVE THE DATE!

DATE: Wednesday, December 11

WHERE: Berger Center

TIME: 2:30 p.m. music and refreshments, program begins at 3 p.m.

ETTA JAMES AND RAY CHARLES: LIVES, TIMES AND MUSIC

Instructor: Pamela Rose

Mondays, Jan. 13, 27, Feb. 3 (no class on Jan. 20),
Berger Center

3-week session. Cost: \$50

THE LEWIS AND CLARK EXPEDITION

Instructor: Mark Jordan

Wednesdays, Jan. 15, 22, 29, Feb. 5, 12, 26, 3–5 PM,
Berger Center

6-week session: Cost: \$95. (Please note: No class on
Feb. 19)

FOUR DAVIDS, FOUR GREAT SCULPTURES

Instructor: Lynn Ostling

Thursdays, Jan. 9, 16, and 23, 3–5 PM, East Rec

3-week session. Cost: \$50

FLEMISH, DUTCH AND BRITISH ART

Instructor: Christian Quintin

Thursdays, Jan. 30, Feb. 6, 13, 20 and 27, 3–4:30,
East Rec

5-week session. Cost: \$60 (Note: Shorter class time)

THE FASCINATING WORLD OF MICROORGANISMS

Instructor: Andrew Rogerson

Mondays, Feb. 10, 17, 24 and Mar. 3, 3–5, Berger Center

4-week session. Cost: \$65



Oakmont Futures

■Terrie Mui, President



ELECTRIC HEAT PUMP GOVERNMENT REBATES EXPLAINED

Many Oakmont residents are eligible for rebates of up to \$8,000 on energy efficient heat pumps through a new government program that will be explained in detail at the Futures Club Meeting on November 18 at 10 a.m. in East Rec. or on Zoom.

I will provide information on the rebate program being offered by the CA Energy Commission that will enable CA residents to save energy and money by switching from gas heating and air conditioning (HVAC) systems to the significantly more efficient electric powered heat pump systems. Qualified installers will be available during the program to work with homeowners to examine whether the program will be financially beneficial to their particular needs.

The rebate program is part of the Inflation Reduction Act passed by Congress in 2022 and is a key component in reducing the amount of methane emitted into the atmosphere. The natural gas that has been used to power heaters, water heaters and stoves is made up of about 70–90% methane, a greenhouse gas that is the second largest contributor to global warming, behind carbon dioxide. Although much less methane is emitted into the atmosphere, it is 84 times more powerful than carbon dioxide at trapping heat. Fortunately, methane is removed from the atmosphere in about 12 years while carbon dioxide breaks down gradually over a period that could last hundreds of years.

The Futures Club program is intended to provide Oakmont residents with a way to do their part in reducing greenhouse gas that is affordable and will save money on energy well into the future. For more information about the upcoming program, please register at futureoakmont@gmail.com.

OakMUG



Oakmont Macintosh Users Group

■Peggy Clark

WHAT HAS APPLE BEEN UP TO?

Join Ronnie Roche for an end of the year round-up of all things Apple! New systems, new hardware, some facts and some rumors. And, of course, the big one—what is Apple Intelligence? This promises to be informative and fun.

Our next meeting is on Saturday, November 16 at the East Rec. Center. Meeting starts at 2 p.m. and lasts one hour. Please arrive early (1:30) for social time and to get a good seat.

OakMUG has streamlined check-in. All members will receive a name tag that they will bring to each meeting. No need to check in, just show your name tag.

If you are not a member and are interested in joining, please stop by and sign up at the door. Membership is \$10 per person per year. This included six presentations relating to everything apple.

If you have any questions, please email us at oakmontmacusersgroup@gmail.com.

Conservatives Club



■Jame Gyorgy

OCTOBER MEETING RECAP AND LOOKING FORWARD

Our October 22 meeting featured two excellent speakers running for offices in Sonoma County.

Andy Podshadley is a candidate for Assembly District 12. Andy is a Marin County native and winemaker. A lifelong Republican endorsed by the Sonoma GOP, Andy shared that water is a significant issue in our county that affects our geo-climate and threatens its availability for all. He spoke about the impact on infrastructure for our county's residents, farmers, and small business owners.

Chris Coulombe, a 2nd Congressional District candidate for Congress, a lifelong resident of Sonoma County and a small business owner, is a veteran who has served for 16 years in the military. He also emphasized the importance of our water supply and the proposed removal of our dam, which provides us with fresh, clean water. Relying on his decade and a half experience in the military, he also discussed the potential threat of World War III. Chris was gracious to speak with several of our members individually after the meeting.

Our next meeting will be the last in the Oakmont Gardens Meeting Room on November 19 from 4–6 p.m. There will be no meeting in December. Beginning January 2025, all meetings will be in the Berger.

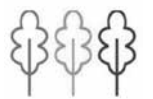
Matt Heath, Chair of Sonoma County GOP, and Robert Tognetti, captain of District 4 for the Convention of States, will speak in November.

If you are a member, please click the Signup button on the invitation to RSVP or email TheNewOakmontCC@gmail.com. Include the first and last name of your guest(s) so we can provide everyone with a printed name tag.

If you would like to know more or are interested in joining the club, email TheNewOakmontCC@gmail.com.

Remember, voting is a privilege. Use it or lose it. Vote like your future depends on it.

Oakmont Gardens Residents' Association (OGRA)



■John Derby

OAKMONT QUIZ—DO YOU KNOW?

Q. Where is the only high-rise building in Oakmont?

A. Oakmont Gardens is a three-story residence on White Oak Drive across from the Central Activity Center.

Q. How many apartments does Oakmont Gardens have?

A. 170 apartments. 65 Assisted living and 105 Independent living.

Q. How many people live in Oakmont Gardens?

A. 165 people. All of them are members of the Oakmont Village Association.

Q. What is the average age of the folks living in Oakmont Gardens?

A. 86.5 years.

Q. Who has lived in Oakmont Village the longest?

A. Arlene O. has lived in Oakmont since 1978. She has lived in Oakmont Gardens since 2022.

Q. How old is the oldest resident at Oakmont Gardens?

A. Marcele is 103 years old.

Q. How old is the youngest resident at Oakmont Gardens?

A. Nick is 63.

Q. Are all the residents widows, widowers, or married couples?

A. No. June and Jone are mother and daughter. Pat and Donnie are mother and son. John and Chris are brother and sister.



McBride Realty wishes everyone a Happy Thanksgiving!



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McBride Realty

invites you to share the warmth in its annual

2024 Winter Warmth Coat Drive

November 11—December 20

**Drop-off Box at McBride Realty
6520 Oakmont Drive (at the entrance to Oakmont)**

Receive one raffle ticket for each coat you donate & enter to win a bottle of wine & a \$100 gift basket full of goodies for your holiday get-togethers. Drawing will be held December 18 at noon.



*Please go through your closets & donate your extra coats to those in need. Ask your family & friends to help donate too!
We will be collecting coats for men, women & children.*



Pickleball Corner



■Peter Copen

AM I PLAYING TOO MUCH PICKLEBALL?

One recurring theme among players is the importance of listening to your body. As much as pickleball can be a fantastic way to stay fit, overdoing it can lead to injury, fatigue, and ultimately less time on the court.

Here are some signs that you might be overdoing it with pickleball:

1. Persistent Soreness: If you're constantly sore, especially in the same areas, it could mean you're not giving your body enough time to recover. If your body aches more than your last tax return, it's probably time to give it a break.

2. Frequent Injuries: Recurring injuries like shoulder pain, knee issues, or tennis elbow might be your body's way of telling you to slow down.

3. Fatigue During Games: If you find yourself getting tired much sooner than usual or feeling exhausted even after a short session, it might be time for a break. When you start considering a nap in the middle of a rally, it's a definite sign you're overdoing it.

4. Decline in Performance: If your gameplay quality is dropping—more unforced errors, slower reaction times, or difficulty focusing—you might be playing too much. If your pickleball paddle starts to feel like a frying pan, it's time to reassess.

5. Neglecting Other Areas of Life: When pickleball starts interfering with your responsibilities at work, home, or other aspects of your life, it's a sign you need to find a better balance.

6. No Longer Enjoying It: If pickleball starts feeling like a chore rather than something you look forward to, you could be pushing yourself too hard.

New Player Orientation: 9 a.m. Tuesday mornings. Arrangements can be made by contacting Victoria Dettman at (707) 230-2958. Call Jim Howard at (209) 761-8517 for demo loaner. Mentoring, contact Barbara Ricossa at ricossa@ymail.com. Visit our website at: <https://oakmontpickleballclub.com>.



Graphic by Peter Copen.

■D. Hall

ANOTHER NOVEMBER, ANOTHER POTLUCK

Silver Guys of Oakmont and their invited guests will convene for a fall potluck from 2-5 p.m. on Sunday, November 10 in the East Recreation Center.



Silver Guys of Oakmont

As usual, bring food and beverage to share. Silver Guys of Oakmont provides an opportunity for Oakmont gay men and their friends to enjoy non-political, social, educational, and community activities. All men in Oakmont are welcomed.



HAPPY THANKSGIVING!

Thank you to all my 2024 sellers & buyers.

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Current Events



■ Tina Lewis

This is a very important year to discuss current events! Please join us every Friday from 1–2:30 p.m. at the East Rec. to hear all sides of issues from local to international. Come in person if you can; join us on Zoom if you can't.

Following the meeting join us at Oak for Happy

Hour. This has become very popular, giving everyone a chance to socialize, unwind, and have something to eat and drink.

There will be no meeting the day after Thanksgiving, Friday, November 29.

If you have questions, email tinalewis31@comcast.net or call (707) 758-9739.

Crafts Faire



In spite of gusty winds and a red flag warning, Oakmonters enjoyed the Pre-Holiday Arts and Crafts Faire on Saturday, Oct. 19. Many of the vendors had to deal with heavy gusts of wind blowing their fragile wares to the grounds and their signs toppled. Here, Susan Fuller holds up necklaces sold by PEO Chapter JO. (Photo by Julie Kiil)

Asian Pacific Heritage and Culture Club

■ John Tan and Mill Valley Library

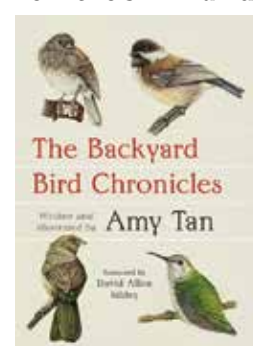
AMY TAN COMING TO OAKMONT

Best-selling author and screenwriter Amy Tan (The Joy Luck Club, The Bonesetter's Daughter) will discuss her new illustrated birding book, *The Backyard Bird Chronicles*. Over five years, Tan filled nine journals and a dozen sketchbooks tracking the natural beauty and bird antics in her Sausalito backyard.

"The drawings and essays in this book do a lot more than just describe the birds. They carry a sense of discovery through observation and drawing, suggest the layers of patterns in the natural world, and emphasize a deep personal connection between the watcher and the watched. The birds that inhabit Amy Tan's backyard seem a lot like the characters in her novels."—David Allen Sibley, from the foreword



Amy Tan.



"Unexpected and spectacular"—Ann Patchett, best-selling author of *These Precious Days*
DATE: Friday, November 15
RECEPTION: 2 p.m. (sold out)
PRESENTATION: 3:30–4:30 p.m. (limited tickets available at \$25 per person)

This presentation is for Oakmont residents and their guests. For tickets go to the home page of our website: www.asianpacificheritagecultureclub.org. Scroll down to the section of the general main admission.

Check our website for more information.

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Kiwanis Club of Oakmont



■ Beverly Singer

SUPPORTING CHILDREN

The goal of Kiwanis Clubs is to support children here and around the world. Locally, your Oakmont Kiwanis Club is involved with many agencies and groups whose work provides aid to children and families. This is why Kiwanians have fundraisers. Oakmont neighbors and friends have been good supporters of fundraisers and by doing so help support the children of the world and our communities.

Key Clubs are high school branches of Kiwanis Clubs. They are sponsored by Kiwanis and are service clubs helping children and the community. Key Clubs have a teacher and a Kiwanis advisor to guide them in learning good leadership skills and having fundraising projects. Oakmont Kiwanians have advisors and Key Clubs at Montgomery and Maria Carrillo High Schools.

Maria Carrillo Key Club recently had a bake sale by Olivers and the Countryside Gift Shop. These students were inspired by the UNICEF project to earn money for Zambia's children. Zambia is the poorest country in South-East Africa and families there struggle to feed and send children to schools.



Key Club members having a bake sale. (Photo by Beverly Singer)

For Halloween the Key Club had a small, decorated trick or treat boxes to collect more funds for this UNICEF project. It happens I have been in Zambia and surrounding countries and have seen the poor conditions children and families often live in. One large pot of gruel cooked outside in a huge iron pot feeds many mouths. This project is a good learning experience for these dedicated Key Club members.

Kiwanis thanks you for supporting us and children. You are invited to join Kiwanis. Many have said it is impossible to attend meetings. That's okay, you can help in our fundraisers. Contact Jim Stewart at (707) 755-3756 (cell/text) or jstewart@myalaa.com.

Sunset

Oakmont resident Ron Kaufman took this photo of the sunset as seen beyond the 17th hole at VOM Golf Course.



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■Greg Fauss



Peaceful waters. (Photo by G. Fauss)

PEACE

Dare I utter the word? After an election of which, that at the time of writing, I have no idea of the outcome? After tensions are high and rhetoric becomes extreme and loud? After reading of one act of violence after another in wars and in neighborhoods? Dare I still say the word, peace, and aspire to it? Dare we?

Real peace begins among people with differing points of view. Jesus said, "...blessed are the peacemakers..." We encourage you to join us as we seek to learn and be such people. The peace we desire accepts diversity, agrees to disagree, finds commonality, listens to understand rather than reply, emphasizes mutual respect, and is bathed in the love of God.

We also invite you to make an Advent Wreath with us at noon on November 24 in the East Rec. Center.

Otherwise, our regular Sunday Worship Service is at 10:30 a.m. in the East Rec Center. For information about our Wednesday Morning Bible Study, Saturday Prayer, monthly potlucks and other gatherings go to www.occsantarosa.org, write us at occsantarosa@gmail.com or call at (707) 595-0166.

Billiards Club

■Steven Dieterle

10 BALL ROUND ROBIN TOURNAMENT OCT. 24

The Billiards Club held a 10 Ball Round Robin tournament on October 24. The field of 6 players was strong, with 5 out of 6 players being previous Oakmont Billiards Club tournament winners.

No costumes were needed, we all knew who we are: DeadEye Steve F, KickShot Dave, CoolHand Rich, SureShot Steve M, Frank TheBank and BreakMan Steve D. The Trick, was to beat all the tournament players, The Treat was to win the coveted Halloween Tournament Trophy!



Winner Frank "TheBank" Coryell.

It has been a while since we have used the Round Robin format instead of the standard Double Elimination. The Round Robin format requires each player to play against all tournament participants no matter how many losses. With 6 participants, the three available pool tables matched well with the required 5 rounds of play and 3 active matches per round.

Ultimately, the tournament winner is decided by who wins the most matches. As play proceeded through 4 rounds it became obvious that 3 players still had an even chance to win the tournament! Rich Winston, Frank Coryell and Steve Fuller each had won 3 matches after 4 rounds of play.

Once the final round was completed only Steve and Frank were left with 4 wins each. So, in fact, a tie breaker was needed to decide the winner.

Congratulations goes to Frank "TheBank" Coryell for winning our 10 Ball Round Robin Tournament, since he previously had won the head-to-head match (tie breaker) against Steve Fuller.

All participants agreed that we should have more round robin tournaments when possible.

Thanks to all the players who participated in this tournament and making it fun.

■George McKinney

JOIN YOUR NEIGHBORS IN DISCUSSING GREAT DECISIONS IN FOREIGN POLICY

"Great Decisions" is America's largest discussion program on world affairs. It focuses on the most critical global issues facing America today. The program involves reading the Great Decisions Briefing Book and meeting in a discussion group with your Oakmont neighbors. There are 30-minute videos to supplement the Briefing Book.

Early 2025 will be an especially interesting and challenging time to discuss world affairs, in light of the upcoming U.S. election and the global search for resolutions of the wars in Ukraine and the Middle East. These topics are included in the 2025 discussions.

You don't need to be an international affairs expert to participate. Each of us brings a fascinating personal perspective from a lifetime of learning, experiencing, and traveling. Occasionally we have a neighbor with particular knowledge of the part of the world being discussed, and we all benefit from that.

Meetings for 2025 are 10 a.m.–12 noon on Monday mornings every other week from February through mid-May in the East Rec. Center. The eight topics for 2025 are:

- 1: American Foreign Policy at the Crossroads
- 2: U.S Changing Leadership of the World Economy
- 3: U.S. China Relations
- 4: International Cooperation on Climate Change
- 5: The Future of NATO and European Security
- 6: AI and American National Security
- 7: India: Between China, the West, and the Global South
- 8: After Gaza: American Policy in the Middle East



Great Decisions 2025 Briefing Book (Foreign Policy Association).

The only cost to participate is \$30 for the Briefing Book. We purchase them in bulk and get a discount. The videos are free online.

We look forward to having you with us discussing Great Decisions.

For more information and to join a Great Decisions discussion group, contact me at oakmontgd@gmail.com for instructions where to send the check if you wish to participate.

InvestOAK



■Joe Pundyk

THE ELECTION AND AFFECT ON TAXES

The next meeting of the InvestOAK Club will be on November 15 from 10–11:30 a.m. at the Central Activity Center, Room B. It's recommended to arrive early to assure a seat, as we have no strap hangers available to assist in standing.

By the above date, the 2024 U.S Election will be over. The election will be important for U.S. investors, and will be closely monitored by the world's investment community. The first part of our meeting will feature a discussion of what's at stake when the 2017 tax

reduction policy act expires, and if Oakmonters will be affected. After the discussion, there will be a Stock Market Review covering results for the last few months including a comparison of the U.S. and foreign stock market performances.

The content discussed in InvestOAK meetings is only for informational purposes. One should not interpret meeting discussions or presentations as investment advice or endorsement. Make sure to consult with a knowledgeable fiduciary for the advice you need.

Tennis Club



■Jack Breibart

TO THE WINNERS GO THE PRIZES

The major tennis news in October was that Rafa Nadal will retire after Davis Cup play in Malaga, Spain and, closer to home, was the completion of the annual Tennis Club's Men's Doubles Tournament on Oct. 19.

It is still a question—or was at the writing—whether Rafa will actually play in the November 14–19 event in his home country, but there is no question about the TCMDT. It was settled in a hotly contested playoff set of the last four, of 16, still standing and swinging.

Drum rolls here or at least a toot toot (or whatever) from Nani Tosoc's euphonium: the winners were Pat McBride (first), Bill Nasi (second) and Frank Passaglia (third). Fritz Spotleson was in the final four, but out of the three-place prize money of \$100, \$50 and \$25.

Then there were the sideline workhorses who deserve a pat on the shoulders or thereabouts: The scorekeepers Ulu McBride and Rex Fuller, who, as far as I know, had no challenges. Good job.

And applause for Ulu for bringing the "yummy" (I quote) donut holes and to Maria for the chips and beer.

We'll have the results of the Women's Doubles in the next tabloid edition of the Oakmont News.

Also probably worth noting, since I have a couple of hundred words left, is that the Tennis Club will be participating in "Winter

Wonderland on the Plaza" with a tree, and Ulu McBride, gosh she's a true worker, will be overseeing the decorations.



The Final Four: Fritz Spotleson, Pat McBride, Bill Nasi and Frank Passaglia, with "Bones" in the middle. (Photo by Maureen Pennal)



The Men's Doubles Participants and the Support Group. (Photo by Maureen Pennal)

Oakmont Health Initiative Free Fitness Classes

■Charlene Bunas

WHEW, THAT'S OVER!

Will stress from the political campaigns compound holiday stress this year? According to American Psychiatric Association, 73% of respondents said they experienced election anxiety. Reason? Unsure of personal control. They question their ability to cope with "the other party" in office.

But now election is over and there are two months before a future administration. Adjustment is personal but there several general guidelines.

Uncertainty is all around. Anita admits to losing sleep, overwhelmed with fear. Art, an Oakmont resident, says whether he thinks the worst... or the best outcome, it's in his imagination. He chooses his "what ifs" in positives.

Thinking positive may seem like Pollyanna folly, but take note the forces that rob feelings of personal control. Round the world, round the clock news—detrimental to health. Social media—not always healthy. Personal indulgences in sweets, alcohol and heaping helpings—not adding to health. Not even during the holidays.

Take a look and take control: control news coverage consumption. Christina says she gardens while her husband clings to "political gabbing." She has also said "later" to on-demand Meta replies. She's decided to limit sweets to "once a day, drink less alcohol, more water, and cut out second helpings."

"Yes," she said, "Even during the holidays."

When Oakmont Health Initiative members were asked, "How do you handle anxiety?" They responded: "Exercise." JoRene says, "Oh boy, those endorphins have kicked!"

"Breakfast." Nicole says, "Eating breakfast comes in handy."

"Socialize." Anita says when her anxiety rises, she makes an effort to compliment someone on something—their yard, car, knowledge, accomplishment, friendship. "It makes me feel good."

OHI at business of busting stress! (Photos by author)



Bottom line: recognize what you can or cannot control. Embrace what you can control and avoid what you cannot. You are supported: Monday, Wednesday, Friday, 9-10 a.m., OHI Exercise at Berger.

Fitness Club



■Janice Weekes

SIGN UP NOW FOR FINAL HOLIDAY PARTY

The Fitness Club will hold the final Holiday Party on Wednesday, December 4, 5 p.m. at OAK Restaurant. There will be a delicious dinner followed by dancing to the live music of Glory Dayz.

Stop by the Fitness Center to pick up your registration form. All Fitness Club members are entitled to a free ticket to the event. Guests and non-members will pay a fee.

The deadline for registration is Wednesday, Nov. 27.

Lawn Bowling



■Mary Blake

INTERESTED IN LAWN BOWLING?

Email us at oakmontlawnbowling@gmail.com, we'll teach you how.

DAILY DRAW

Our Daily Draw is Monday through Saturday. The daily draw is at 12:30 p.m. Show up at 12:15 to bowl at 12:30.

COMING UP

We're wrapping up 2024. The weather has finally cooled off, the days are shorter, and we only have one tournament left, the Thanksgiving Tournament.

ANNUAL MEMBER MEETING MONDAY NOVEMBER 11 NOON, EAST REC. CENTER

We bring the food, you bring yourselves. We'll announce new committee members, vote for the 2025 board of directors, and we'll also vote on the corrections the board has made to our by-laws. We'll finish up with time for questions and (we hope) answers.

THANKSGIVING TOURNAMENT TUESDAY, NOVEMBER 26, 12:30 PM ON THE GREEN

For obvious reasons, our Thanksgiving Tournament is never on Thanksgiving. Think of it more as a get-ready-for-Thanksgiving Tournament. It's our



Open Pairs Tournament.

last Tournament of the year. As always, our holiday tournaments are fun events, usually with a few surprises.

AWARDS GALA AND HOLIDAY PARTY FRIDAY EVENING, DECEMBER 6, BERGER

Come celebrate the end of 2024 with us. Jim Krause will have the trophies made up and ready to hand out. More details as we get closer to the date.

OUR CALENDAR

In the January Board meeting, we'll work on the 2025 calendar year. Once finalized, the calendar will be posted on our website, in the 2025 Green Book, and on the bulletin board. And, if you still aren't sure, just email us. I've learned the hard way that I always introduce at least one error somewhere, so checking up on me never hurts.

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■Cynthia Goodwin

AUTHORS SIGHTING AHEAD: AUTHORS BOOK FAIRE!

Soroptimist International of Oakmont Wine Country (SIOWC) is excited to announce their Third Annual Authors Book Faire on November 9, from 11 a.m.-2 p.m. at the Berger Center located at 6633 Oakmont Dr. Santa Rosa.

Entrance is free to the public, and all are welcome! Authors, who have published works, will be available to sign and sell their books.

This venue has been very well received over the years with 41 talented authors participating in November! This year interest has been high, with a wide variety of genres being offered, including first-time writers to authors with an extensive bibliography. In the past two years hundreds of people attended and purchased books at this enjoyable and lively

event. In addition, this year Soroptimist will host a cork craft table, as well as Hamilton Family Wine and Dino's Greek Food will be serving wine and food.

Authors look forward to the opportunity to personally meet you, while supporting this fundraiser! Soroptimist is a global volunteer organization that provides women and girls with access to education and training they need to achieve economic empowerment. We look forward to seeing you there!

Jazz Club



■Michael James

A HOLIDAY DANCE PARTY!

Back by popular demand is the New Horizon's Swing Band! The Jazz Club had the pleasure of having this 20-piece swing band perform in August with the admission price of only \$10 per ticket. There is no better time than the holidays to have this band back for a dance party, so dust off your dance shoes, practice your favorite dance moves and join the party!

If you choose not to dance, you still can enjoy sitting cabaret-style with friends, and you are welcome to bring food and beverages to share. You may also reserve a table for six!

Get your tickets early, make your check out to Michael James Music and place it in the Jazz Club file at the OVA office, or contact me at (559) 707-2750.

P.S. There will be some gifts under the Christmas tree for a few lucky ticket holders.

WHEN: Wednesday, December 4, 2-4 p.m.

WHERE: East Recreation Center

COST: \$10 per ticket

CONTACT: Michael James, (559) 707-2750

Water Fitness



■Valerie Hulsey

The weather is still good and the water even better, so please join us at the West pool for 50 minutes of exercise and fun.

There is a drop-in fee of \$8 and classes are held Monday and Wednesday at 9 a.m. and 10 a.m.; Tuesday and Thursday at 9:30 a.m. Newcomers are encouraged to join one or both of these smaller classes. We look forward to seeing you soon.

CLASSES ON FRIDAYS

Julie's water exercise class continues at the West Pool every Friday at 10:10 a.m. There is a drop-in fee of \$8 per class.

Or you can exercise to a recording for free on Friday at 8:50 a.m. (no instructor).



Playreaders

■D. Hall

FROM MURDER MYSTERY TO CHRISTMAS JOY

Eric Chappell's *Summer End* will conclude performance by the Oakmont Playreaders on Monday, Nov. 11.

Ginny Smith is the producer of this play in which characters named Emily Baines and May Brewer

share a room in a retirement home. Emily's previous roommate, Belle, died not long ago. Iron-willed, but forgetful, Emily is certain that Bella was murdered by one of the carers, and she has evidence to prove it.

When her evidence disappears and Bella's sapphire ring is found among her possessions, Emily cannot remember enough about her own past actions to stop

the finger of suspicion pointing at her. It is not until May is attacked that the mystery is solved.

Featured in this production are: Ginna Zoellner, Sarah Shankman, Marcel Coder, Jonathan Hayden and Ginny Smith.

Join us the first two Mondays of every month at 2 p.m. in Room B of the Central Activities Center.

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Looking for a clean, safe, garage space to rent for winter storage of a 1966 Classic Lincoln Continental. If you have available garage space, please contact me at: Michael Webb, (707) 833-2167 (home), (707) 483-0083 (Cell). Email: michael@ireko.com.

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To place an ad, contact: CJM Productions, 2105 Longhorn Circle, Santa Rosa, CA 95401 • 707-206-1957 • cjprod567@gmail.com

HEARS



■Richard Osborne

HEARING LOSS TIPS

Thank you to everyone who attended the HEARS meeting on October 25. Our key takeaway is the importance of wearing hearing aids consistently, as they help keep our brains engaged. You hear with your brain and if not stimulated by sounds, it might lapse into dementia. Also, isolation can be a major challenge for us with hearing loss, so I encourage you, as difficult as it is, to put yourself in group settings.

Consider using the Live Transcribe smartphone app to allow you to see what is being said. Restaurants can be tricky. Sit away from noise, preferably in a corner.

An update on hearing loops: Berger, West Rec. and East Rec. are functional, but CAC Room B does not have a loop installed. Listen Everywhere is not

working in the Berger but is ready in the East and West Rec. Remember, Listen Everywhere is a smartphone app that uses Bluetooth to transmit sounds into your Bluetooth-enabled hearing aids.

Having difficulty with the phone? Another smartphone app to consider is Caption Call. It transcribes the call into words on your screen so you can read what is being said.

If you are curious about OTC Hearing Aids, remember, they are only for moderate hearing loss. Hearing tests are free and important for determining whether you need a prescription for hearing aids.

Watch for a notice of our next meeting this coming January, 2025. In the meantime, you can reach me at oakmonthears@gmail.com.

Oakmont Pétanque Club

■Don McPherson

OKTOBERFEST 2024 TOURNAMENT AND PICNIC LUNCH

The October 19 Oktoberfest celebration began on a windy day with the sixth annual Oktoberfest Tournament, the last of the 2024 season. Tournament Director Jean-Michel Poulnot handled registration and randomization of teams with the club's iconic "Fanny" looking on. Fanny, "the Goddess of Pétanque," is the focal point of a traditional ritual that follows a 0-13 shutout loss. Fortunately, there were no Oktoberfest shutouts.

Three triples teams and one doubles team played in the tournament, necessitated by an odd number of players registered. The level of competition was high with nearly all games close in scoring, often advancing single point by single point.

In the first round, Jim Knapp, Steven Payette and Jean-Michel Poulnot defeated Barbara Lowell and Bill Whetstone, 13-9; and Judy Dumm, Rachel Meserve and Barbara Newton defeated Gordon Blumenfeld, Max Hinchman, and Ellean Huff, 13-12.

In the playoff round, Meserve-Newton defeated Payette-Poulnot, 13-11 to win the championship. Lowell-Whetstone defeated Hinchman-Huff, 13-11 to take third place.

A potluck picnic lunch at the courts followed the announcement of winners and photos.

PÉTANQUE IN OAKMONT MONDAY, WEDNESDAY, SATURDAY

The club encourages all Oakmonters who may be interested in playing or learning to play pétanque (pay-tonk) to come to the courts between Berger and



Oktoberfest Tournament, first and second place: Barbara Newton, Rachel Meserve (1st); Steven Payette and Jean-Michel Poulnot (2nd). Missing: Judy Dumm, Jim Knapp. (Photo by Diana Payette)



Oktoberfest Tournament, third and fourth place: Barbara Lowell and Bill Whetstone (3rd); Ellean Huff and Max Hinchman (4th). Missing: Gordon Blumenfeld. (Photo by Diana Payette)

the OVA offices at 9:45 a.m. on the Club play days of Monday, Wednesday, and Saturday. The club has boules to lend while you're learning, and you'll be playing right away. No dues are required—just sign up to be on the Club roster.

Club play days are casual friendly games with teams randomly assigned. Anyone, regardless of experience, is welcome to enjoy the challenge and camaraderie of a simple game that is inexpensive, fun to play, learned quickly, and endlessly fascinating in its deeper levels of execution and strategy.

Canine Club



■Jean Nattkemper

FOR THE MEMBERS

The weather was balmy, the hors d'oeuvres tasty, and the scenery from the deck of the Saddle Club beautiful as 70 club members gathered for the annual Member Appreciation Party. Appearing at each table were packets of dog goodies, provided by Pawsarotti's.

Oakmont resident and Paws for Healing volunteer, Donna Forst, was the Guest Speaker. She talked about the organization and its need for volunteers. With her dog Cricket lying at her feet, Forst described visits to schools and other institutions where Cricket comforted children and adults facing emotional and physical challenges.

The party ended with a raffle. Prizes included a gift basket from Pawsarotti's, gift certificates of \$640 each from Wellington Winery and VJB Wine Cellars,



Raffle winner Alan Schackman, with his new friend. (Photo by Linda Williams)

and a handcrafted Snoopy with a pumpkin made by Barbara Hopp and Kathy Carter.

YAPPY HOUR DOG WALKS

Open to all Oakmont residents and all dog breeds and sizes, these dog walks are self-paced walks of about 1 to 2 miles.

Linda's Yappy Hour Dog Walk: Monday, November 11, 10 a.m. Meet at the East Rec. parking lot.

PJ's Yappy Hour Dog Walk: Friday, November 29, 10 a.m. Meet at the Catholic Church parking lot.

EVENTS IN AND OUT OF OAKMONT

Dogwood Animal Rescue Project is holding its annual Holiday Event on the lawn at Berger Center on Saturday, December 7, from 10 a.m. to 1 p.m. Featured are some of Dogwood's animals, crafts for sale, raffles, and giveaways. Dogs allowed.

Pets Lifeline is hosting Santa Paws 2024. Have your dog photographed with Santa on Saturday, November 16 from 9 a.m. to 4 p.m. Complimentary hot cocoa and holiday sweets will be available after the photo session. The address is 19686 Eighth Street East, Sonoma. Phone: (707) 996-4577. E-mail: info@petslifeline.org.



■Marie Haverson

SHA-BOOM PRESENTS HAPPY NEW YEAR'S EVE PARTY

WHEN: December 31 **WHERE:** Berger Center
TIME: Doors open at 4 p.m.; appetizers 4:30–5:30 p.m.; Buffett dinner 6–7 p.m.; music by "Glory Dayz" Band, 7–10 p.m.

COST: \$125 per person

Buffet dinner is by Charlie's catering. We will have linen tablecloths and napkins, hats and party favors. Please BYOB.

Menu is as follows: Appetizers—meat, cheese and fruit trays; Buffet Dinner—Grilled Chicken, Prime Tri-tip, Penne Pasta, Tossed Green Salad, dinner rolls and butter; Dessert—brownies, lemon bars, cookies.

Welcome 2025 to Oakmont with "Glory Dayz," a dynamic group of seasoned fun-loving professional musicians, featuring Frankie Adel, former lead singer of "Sha Na Na." With their infectious energy and exceptional talent, they're guaranteed to ignite our event. From timeless classics of the 50s and 60s to today's chart toppers, their diverse repertoire ensures there's something for everyone. With electrifying performances and a seamless blend of genres, "Glory Dayz" will create an unforgettable atmosphere, keeping everyone at Oakmont dancing all night long. Their undeniable presence makes them the perfect choice for our NYE celebration!

We will bring in the New Year at 9 p.m. East Coast time.

For best seating, please get your reservations early, as it will sell out fast.

Please make checks payable to Sha-Boom Events Club, include a note with the names at your table so that you're all seated together, and place in our folder in the OVA office. You may also mail them to Marie Haverson at 7111 Oakleaf Drive, Santa Rosa, CA 95409, or drop them in the mail slot (right side of garage door). Any questions, feel free to call me at (707) 539-6666.

Please remember, no refunds.

I can't wait to celebrate with you!

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November 16–30 Barb Lowell 707-538-0333

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- Rides to events and activities within Oakmont
- Meals on Wheels 707-525-0383

If you would like to be a volunteer, please call 539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible.

Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.–Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays.

Please call at least three full working days prior to appointment.

We regret that we are unable to provide either wheelchair or emergency service.

HOW TO CONTACT LOCAL OFFICIALS

County Supervisor Susan Gorin, District 1

Phone (707) 565-2241

Email: Susan.Gorin@sonoma-county.org

Address: 575 Administration Drive, Rm. 100A, Santa Rosa 95403

City Councilwoman Dianna MacDonald, District 3

Email: dmacdonald@srcity.org

Address: City Hall, 100 Santa Rosa Ave., Rm. 10, Santa Rosa 95404

Rovers RV Club



■Mary Montague

FALL POTLUCK

Oakmont Rovers went to Lake Camanche in October—new spot for our group. Great time exploring the area. Campfires at night and observing the Comet. Please join us Saturday, November 9 at East

Recreation Center for our Fall Potluck. Reach out to Jeff Hickman at (707) 282-9350 or jeff@hickman.cc.

Feel free to fill out membership form at the OVA office. Check out website oakmontrovers.com. Hope you can join us!



■Heidi Klyn

HALLOWEEN COSTUME CONTEST

The Boomers Club held their Halloween Dance "Ghostly Night Returns" on October 26. The costumes were over the top fabulous and you felt like you were on a movie set. Below are winners of the costume contest.

Photos by Kathy Sowers.

Chef Karl Turner and Patty Turner... they did bring Kentucky Fried Chicken—Prize for Most Original.

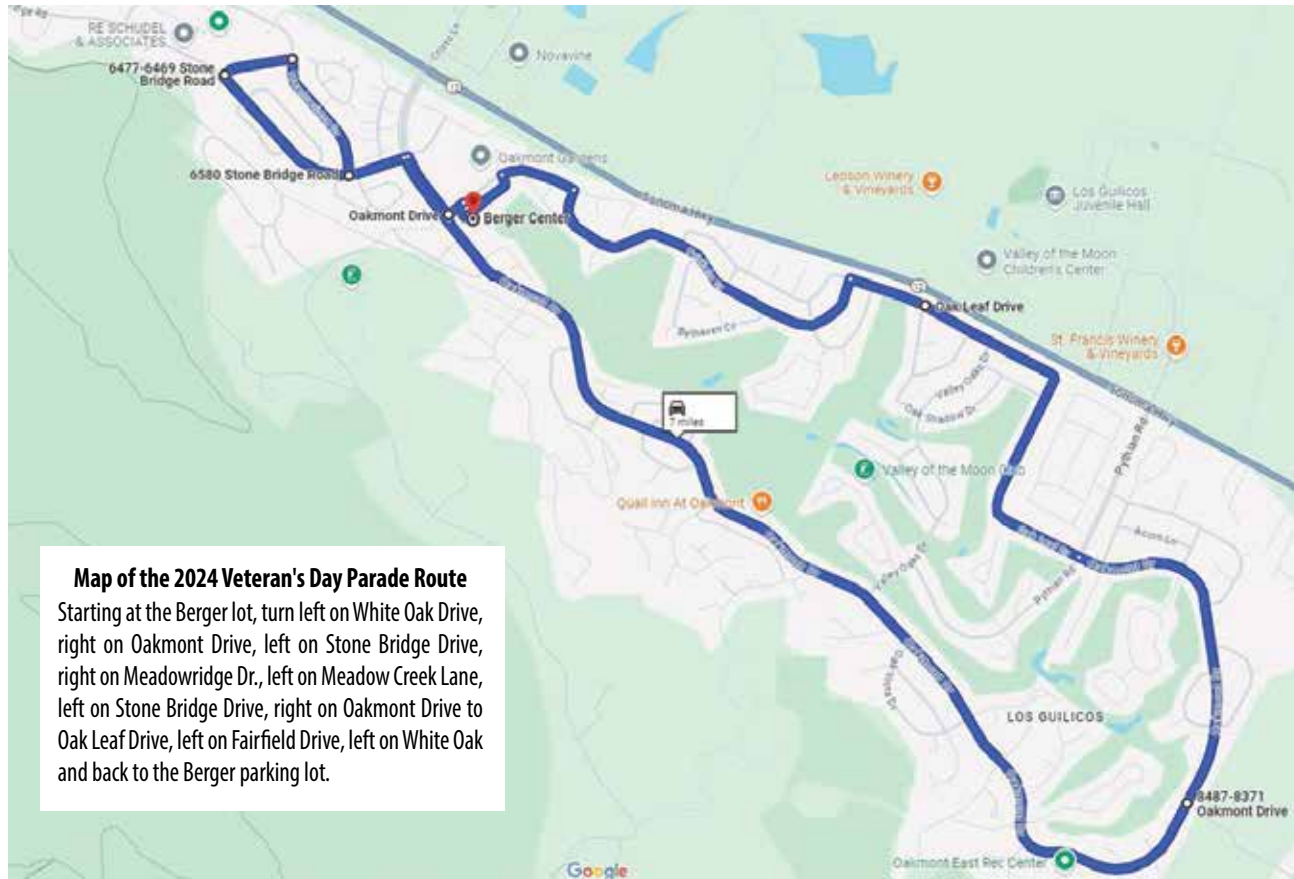


Spooky man, Ken Hogland—Prize for Spookiest.

Cleopatra and Anthony, Cathy and Ernie Carter—Prize for Best Couple.



VETS PARADE MAP Continued from page 1



Map of the 2024 Veteran's Day Parade Route

Starting at the Berger lot, turn left on White Oak Drive, right on Oakmont Drive, left on Stone Bridge Drive, right on Meadowridge Dr., left on Meadow Creek Lane, left on Stone Bridge Drive, right on Oakmont Drive to Oak Leaf Drive, left on Fairfield Drive, left on White Oak and back to the Berger parking lot.



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