

OAKMONT NEWS

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Ballots To Be Mailed March 4

■News Staff

Oakmont's annual board election is underway, and members will soon have the opportunity to cast their votes. This year's candidates are Josh Axelrod, Greg Darcy, Heidi Klyn, Theresa (Terrie) Mui, Matt Oliver and Steve Spanier.

Ballots for the election will be mailed or emailed to members on March 4. All ballots must be received by the Inspector of Elections no later than 5 p.m. on April 5. Ballots must be mailed or submitted electronically and will not be accepted at the Oakmont Village Association office or on Election Day.

Election results will be announced at the 2026 Organizational Meeting following ballot counting on April 6.

Residents will have opportunities to get to know the candidates through individual and group Meet and Greet events in the weeks leading up to Election Day. Dates and details will be posted on the OVA website at oakmontvillage.com/candidates.

Candidate statements also appear in this issue.

Vaccine Clinic on March 27

■Oakmont Village Association

Appointments are now available for a vaccine clinic on March 27 at the Berger from 9 a.m. to 4 p.m. Second dose COVID vaccines will be offered, and also RSV, shingles, pneumonia, and Tdap for anyone who are eligible.

This fall, the new Covid 2026 vaccine will be available. The spring clinic will allow residents to get immunized for Covid now and be ready for their six-month immunization in time for the fall clinic.

You can make an appointment at www.safeway.com/vaccinations/group-clinic/OakmontVillageSantaRosaSpring2026.

Consent form: oakmontvillage.com/article/informed-consent-for-immunization.

Please bring your medical, prescription and/or Medicare part B card to the clinic, plus your consent form. Safeway is unable to bill for Kaiser members. If you are a Kaiser member, please contact your provider.

Vote on Bylaw Amendments Included on Spring Ballot

■News Staff

The April 2026 election will include a separate ballot asking members to vote on two proposed amendments to the Bylaws. On March 4, members will receive two ballot packets, one for the election of directors and one for the proposed bylaw amendments.

The following two proposals will appear on the ballot:

Proposal 1: The first amendment would allow the elected Board of Directors to amend the Bylaws without a membership vote, but only when, and only to the extent that, changes are required by new or amended law.

Proposal 2: This proposal would permit the Bylaws to be amended in the future if (1) a quorum of at least 50% of all eligible voters participates and (2) at least 55% of the votes cast approve the proposed amendment.

The proposed legal compliance amendment applies only to bylaw changes necessary to bring the Bylaws into compliance with applicable law. It authorizes changes only if, and strictly to the extent that, such changes are required by new or amended law. No other bylaw changes may be made without a vote of the membership.

Currently, a bylaw amendment requires 50% + 1 of all eligible voters. With 3,212 eligible voters, that means 1,607 affirmative ("yes") votes are required for passage.

Under Proposal #2, at least 50% of all eligible voters (1,607 would constitute a quorum) must participate, and at least 55% (884) of the votes cast must be "yes" for the amendment to pass.

Membership votes would continue to be required for other matters, including, but not limited to, voting eligibility, member rights, special assessments, and dues increase. The approval thresholds for those matters would remain unchanged.

For example, approval of a special assessment would continue to be governed by California law, which requires approval by a majority of a quorum

See **BYLAWS** on page 3

Board Approves OAK Roof Funding, Sugarloaf to Reopen

■News Staff

CourseCo has reversed a decision to permanently close the Sugarloaf Pro Shop and the rerouting of the holes on the Sugarloaf course. The decision was announced at the Feb. 17 board meeting as a result of ongoing discussions between the OVA, Oakmont Village Property Corp. (OVPC) and CourseCo, the lessee of the Valley of the Moon courses. The Proshop is set to re-open March 1.

The board also voted to reimburse CourseCo \$125,000 for the replacement of the roof at the Valley of the Moon restaurant and banquet facility. In 2023, CourseCo completed and funded a full roof replacement to address ongoing leaks in both the restaurant and banquet areas. Because the restaurant and banquet building is an asset of OVA, the board agreed to reimburse CourseCo for the expense through the Capital Improvement Fund.

BYLAWS

President Matt Oliver reminded the community that this spring's election will include two proposed bylaw amendments in addition to the election of three directors. The ballot will present two proposed changes: (1) adjusting quorum to 50% of OVA membership and changing the approval threshold to 55% of those who vote on a proposed bylaws amendment, and (2) allowing the board to bring the bylaws into legal compliance without a member vote.

"The proposed legal compliance amendment applies only to updates required by law," Oliver said. "Membership votes will continue to be required" on other areas of the governing documents.

Ballots will be sent to homes on March 4. Residents receiving mail-in ballots will find two ballots in a single envelope, along with two return envelopes. Both electronic and mailed ballots must be received by the Inspector of Elections no later than 5 p.m. on April 5 to be counted in the election scheduled for 10 a.m. on April 6.

A report from the Energy Systems Group (ESG), which is evaluating three potential scopes of work at the Berger Center, has been postponed while additional information is gathered. The report will address replacement of the boiler and chiller, along with the following three improvement options for the

See **BOARD** on page 3

Candidates' Night



Six candidates running for three open seats on the OVA Board answered questions from the community at Candidates' Night in mid-February. Seated L-R: Josh Axelrod, Greg Darcy, Heidi Klyn, Terrie Mui, Matt Oliver, and Steve Spanier. View statements from the candidates on pages 4-5. (Photo by Crissi Langwell)

Upcoming Key Dates in the OVA Board Election

March 4: Ballots sent to residents

April 5: Deadline for all ballots*

April 6: Election scheduled for 10 a.m.

April 12: Candidates signs to be removed

*Note: Both electronic and mailed ballots must be received by the Inspector of Elections no later than 5 p.m. on April 5, 2026.



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LRPC Seeking New Members

■Monica Heath, LRPC Chair

The Long Range Planning Committee is looking for new members who are interested in developing recommendations for the board that will help determine the direction and future of our community.

The goal of the LRPC is to create a strategic roadmap, with resident feedback, that anticipates services, needs, and wants of future generations of Oakmont residents and help prepare for those needs, including lifestyle, technology, safety, land use, facilities, aging in place, and opportunities to enhance the operation and communication needs of the community. LRPC

volunteers serve as a crucial connection to listening and recognizing residents current and future needs.

This is an especially great opportunity for new residents to get involved in shaping the Oakmont future in which they will live. Experience in project management, planning, or communications is helpful but not required. The most essential skill: listening to others.

Please contact us indicating your interest, with a description of your background, by March 31 at askova@oakmontvillage.com.

Emergency Communications Seeking New Volunteers

■Tom Pugliese, OECTF

Oakmont Emergency Communications Task Force (OECTF) is actively seeking to recruit Oakmont residents to join our network of neighborhood radio Zone Communicators.

The OECTF provides access to City and County first responder support when normal communications (911, cell, internet) are either down or overloaded during an emergency such as an earthquake. Volunteers residing in the neighborhoods, carrying low power 2-way radios, request assistance through our radio network that has direct access to the County Emergency Operations Center and REDCOM. Updates from official sources are also shared with residents through our radio network.

Unfortunately, even with 120+ active volunteers, only around 50% of the Oakmont neighborhoods have radio coverage. Zone communicators can easily share and relay information to provide rapid damage and injury assessments within and between neighborhoods. If you are one of the growing number of people with a satellite equipped cell phone or satellite communicator, by having a radio you become a valuable resource in your neighborhood for texting 911.

The time commitment is minimal. A monthly radio check to practice protocol, share information and verify equipment function takes 15 minutes or less. Twice annually we conduct a communications drill to exercise our network, practice message preparation and handling and reinforce our radio protocol.

We also have an annual social event (happy hour style) where you can meet and socialize with other radio volunteers.

Anyone interested in learning more about our team can contact us at OakmontW6OVA@gmail.com.

Permitting of Zinsco Panels

■Susan Miller, Firewise Task Force

On October 1, 2025 an article was published on behalf of LOMAA in the *Oakmont News* entitled, "Zinsco Electrical Panels—A Home Safety and Insurance Risk." This article is a follow-up to that one providing more details about the permitting process.

One particular area of concern is the PG&E requirement that the electrical panel be three feet away from the gas meter. This is a relatively new requirement which was not in effect when most homes in Oakmont were built. Some homes meet the requirement but many do not. If you need to replace your Zinsco panel to get your insurance renewed and your gas meter is within three feet of the panel, what should you do?

The first step would be to hire a qualified electrician who is familiar with changing out older electrical panels and who works regularly with the City of Santa Rosa and PG&E. Understanding the replacement process will also be helpful because regulations do change, so what is applicable as of this writing may not be valid down the line.

Older Zinsco and other electrical panels were 100 amps. These days, many homes need more power than that but not all. Please consult with an electrician about this. It is possible that making the change 'like for like' could work for you. In this case, the city will not require moving the panel three feet away from the gas meter because you are simply eliminating a

safety threat in the Zinsco panel.

However, the proper procedure must be followed to get this exception. The first step in this process is that a C-10 certified electrician will need to come inspect your current Zinsco or other outdated panel and write a letter on letterhead indicating that the panel is dangerous and must be replaced. This letter should be submitted with your permit application online. Upon receipt of the letter from the electrician, the City of Santa Rosa will issue an official letter indicating to PG&E that the panel can be replaced 'like for like' and does not need to be moved. You will have ninety days to complete the work.

If, on the other hand, you want to upgrade your panel to 200 amps or more, the process could be more complicated but it might still work based on updates to the 2022–2023 Greenbook, Section 2 TD-7001M-B011. This applies to all panels 400 amps or less. Note that if the exception doesn't work, this could trigger engineering fees and significant delays and you will be required to move the panel a safe distance away from the gas meter. PG&E will have the final say. However, you should find out during the permitting process.

For more details, including links to documents, please see the full article on the Firewise page on the OVA website.

BYLAWS Continued from page 1

of the membership. Proposal #2 does not alter that requirement, it applies only to how the Bylaws themselves may be amended. It does not change the underlying rules governing voting eligibility, member rights, assessments, dues, or any other substantive provision. Those requirements remain unchanged.

Ballots will arrive in one mailing envelope containing two separate return envelopes. Please place each ballot in its designated return envelope, as ballots submitted in the incorrect envelope cannot be

accepted. Members voting online will receive email instructions. Members who have opted for electronic voting will receive voting instructions by email on March 4.

Both ballots must be received by 5 p.m. on April 5. For questions, please contact askova@oakmontvillage.com or Dawn McFarland at (707) 539-1911 ext. 106

To see the full video of the Bylaws Townhall or review the slides, please visit oakmontvillage.com/bylaws-town-hall.

BOARD Continued from page 1

Berger Center:

1. Required work only, including boiler and chiller replacement and code-required upgrades.
2. Required work combined with reserve-funded projects already planned for 2026 and 2027.
3. Required work, reserve projects, and limited functional improvements to the Berger Facility.

Once complete, the findings will be presented first to the board and then shared with the community.

GUEST POLICY

The board voted unanimously to table a decision on the proposed Guest Policy changes, including the definition of occasional guest use. The directors agreed to revise the proposed language and present the updated policy to the community at a later date for a 28-day review period.

FACILITIES

A request to fund replacement of the benches near the Lawn Bowling area was tabled. Director Jeff Neuman suggested exploring the option of replanking the existing benches rather than removing and replacing them entirely.

WEST REC PARKING LOT

The board approved replacing the asphalt at the West Rec Center, in an amount not to exceed \$240,000, under the budgeted figure in the Reserve Study. The parking lot at this facility will be closed for approximately two days while the repaving project is completed.

**OAKMONT VILLAGE ASSOCIATION
OFFICIAL BALLOT REGARDING THE SECOND AMENDMENT TO THE BYLAWS**

Pursuant to Corporations Code, §7513 and Civil Code, §5115, a Member of Oakmont Village Association, a California nonprofit corporation, hereby votes by this secret written ballot with the authority of the owners of their respective Lot, on the matters described below:

Please fill in marks like this: ● Not like this: × ✓ Do NOT use pencil

APPROVAL OF THE PROPOSED SECOND AMENDMENT TO BYLAWS		VOTE HERE	
Proposal 1.	Do you approve of the accompanying Amendment (Proposal 1), which would add a new Section 11.2 to Article XI of the OVA Bylaws and allow the Board, without a member vote, to amend the OVA Bylaws if, but only to the extent, an amendment is appropriate to keep OVA's Bylaws compliant with the law?	YES <input type="radio"/>	NO <input type="radio"/>
Proposal 2.	Do you approve of the accompanying Amendment (Proposal 2), which would amend Section 11.1 of Article XI of the OVA Bylaws to permit OVA's Bylaws to be amended in the future if both a quorum of at least 50% of all eligible voters vote and at least fifty-five percent (55%) of those casting votes approve of the proposed amendment?	YES <input type="radio"/>	NO <input type="radio"/>

OVA Board of Directors: Candidates' Statements

In Random Order



GREG DARCY

Hello, my name is Greg Darcy. I'm the owner of Darcy's Fine Jewelers in Santa Rosa at 50 Old Courthouse Square, Suite 301. I've been serving Sonoma County residents since 2009. I'm also a resident in the Oakmont community, residing at 6608 Fairfield Drive.

I've been a Bay area resident my whole life, working and playing as far south as San Jose and as far north as Santa Rosa. I'm a very hard-working person who cares about being the best I can be to whomever I encounter. I am highly motivated to get the job done right, which has made me very successful in business and life.

Some positive traits I have are honesty, hardworking, the willingness to listen to people, no matter the subject. I'm also willing to admit when I'm wrong. My wife loves that one! I like most all sports, wanting to participate as well. I enjoy cooking and surrounding myself with family and friends.

I'll look forward to helping all my fellow Oakmont residents have the best experience while living in the community.

I can be reached by e-mail at Greg@Darcysfinejewelers.com or on my cell phone (707) 799-0552.



HEIDI KLYN

I have lived in Oakmont since 2007, first part time then full time from 2011. I am a second generation Oakmonter for my parents retired here in 1998. I retired from being an Optician growing several practices, raised two children and worked in my husband's manufacturing company working with research and development for new innovations with many well known companies.

I have served on the OVA board three terms since 2018, as Vice President and President in 2024. I am running again for I have the experience and feel some projects need to be accomplished. I helped purchase our two golf courses, solar panels, the diesel back-up generator. Helped with modernizing the East Rec, and West Rec water damage.

I started the first ever Vaccine Clinics in Oakmont bringing in hard to get Covid shots during the pandemic. When there were outbreaks, I had our County Health Department bring in portable testing stations and we traced the sources, we gave out free testing kits often. July of 2022 I was honored in the *Press Democrat* with the "North Bay Spirit Award" for having everyone's back during the pandemic and other feats with the title of "Boomer to the Rescue."

I helped to get the dog park, brought in the Peanuts statues for Charles Schultz played our courses weekly. I was on the first Berger Ad Hoc Committee, did refresh the building, help start the Cannabis Club, President of the Boomers Club, Vice President of the Asian Pacific Heritage Club.

I feel I am a candidate who listens to the community not what one or two people desire but the majority. Since I am active here, I see the many needs that

need to be implemented. Effective leadership is not about making speeches or being liked. Leadership is defined by results not attributes.



JOSH AXELROD

Hello Oakmonters! I moved to Oakmont in 2021 to be closer to my three daughters and discovered what a wonderful community this is. I've made some great friends and enjoy walking through our beautiful surroundings, which continually remind me how fortunate we are to live here.

I began my career as a high school math teacher and later transitioned into a career in technology. Over the years, I have worked at several startup companies and concluded my career at Microsoft. These experiences strengthened my abilities in working with teams, strategic planning, budgeting, and managing complex projects—skills well-suited to the responsibilities of our current OVA HOA Board.

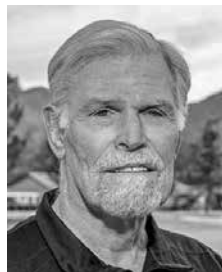
Since moving to Oakmont, I have been actively involved in Oakmont Lifelong Learning, the Long-Range Planning Committee, and the Governing Documents Committee. I have been fortunate to work with great team members and I am proud of the work we have achieved thus far.

As homeowners and investors, we are jointly responsible for keeping Oakmont and its facilities desirable and well-maintained. I will work to modernize aging facilities with reasonable spending and community priorities in mind. In this planning and execution, we should look out 3-5 years to continue move in a clear and consistent direction.

I believe all OVA Board projects should have clearly defined goals with deliverable dates, measurable outcomes and, regular progress updates shared with the community. I will work to publish a "scoreboard" that would be easily accessible through print and electronic channels.

As a member of the Board I would encourage all discussions to be open to the public and keep executive sessions to only topics required by law. Transparency and accountability build trust and fosters engagement.

I would be honored to serve on the OVA Board to help Oakmont continue to thrive in the coming years.



MATT OLIVER

As President of the OVA, I am seeking re-election to the 2026 Oakmont Board of Directors. I believe our community is in an extraordinary time where our board must make strategic decisions that benefit all of Oakmont.

I have kept my promise to avoid wasteful spending and I will continue to facilitate open discussions, respect different points of view and promote collaboration and community engagement.

I'm committed to the financial stability of Oakmont and I will continue to work to keep Oakmont a

desirable and affordable active adult community.

Across the community, members are focusing on the board's direction for the Central Complex area. The process of prioritizing initiatives must continue, and in the past year I have begun to lead the evaluation of the widely discussed Central Complex options and how to effectively marshal our financial resources in a timeframe that makes sense.

Another key initiative is updating our Bylaws and CC&Rs, a process started this past year. By evaluating outdated provisions, this work will ensure compliance with state laws, reduce risk and increase our efficiency.

As a continuing OVA director, I will rely on my board experience as well as my professional business background and skills to bring sound judgment to the planning, design and engineering process for Central Complex projects.

I believe my record will contribute to responsible decisions, and outcomes that are best for all of Oakmont—today and in the future.

Respecting community members and understanding their different perspectives will guide my service commitment. I believe working collaboratively with other Board Members, our volunteer committees and the community at large is vitally important to reach our goals.

I will strive to govern with transparency and be certain our members are informed and that our processes are transparent.

I ask for your vote.



STEVE SPANIER

I love Oakmont. And I'm proud to say that I also love many Oakmont residents. Thanks to all of you, and despite seemingly continual turmoil in the outside world, my thirteen or so years here have been the most rewarding and joyful of my life.

We're a wonderfully invigorating and supportive community that has not just survived but thrived for more than six decades. And we all seem to know it. I could not even begin to count the number of people who have earnestly and sincerely told me that they feel incredibly fortunate to live here. My sentiments exactly.

This will be my third OVA election and I'm hoping for similar results as in the first two because I really want to serve. I want to give back to the community that has given my wife and I so much. I want to help continue the legacy of so many Oakmont volunteers down through the years who have donated their time and energy to making this community the very best it can be.

As before, I stand for experience, balance and thoughtfulness. If elected, I promise fiscal moderation, communication and transparency. I promise to lift people up rather than tear them down. I promise to demonstrate and promote kindness and discourage unkindness at all times. I promise to work with you, the board and our staff to thoroughly research and then address our issues to preserve all that is good about our home and avoid all that would harm us.

It would be a privilege and honor to serve you again, so I humbly ask for your vote.

For more information on my qualifications, platform and policy ideas, please visit my website at spanier4ova.org. Thank you!

Continued on next page

Continued from previous page



TERRIE MUI

Hi, I am running for the OVA Board of Directors because I am deeply committed to Oakmont and bring proven experience in leadership, finance, and collaboration. I can represent the interests of all Oakmont residents.

My husband and I chose Oakmont for its lively, engaged community—friendly, forward-looking neighbors who are active in everything from gardening to pickleball and the arts. The strong interest residents show in the wider world is a core value I share. I support thoughtful long-range planning, careful stewardship of this special place, and sound fiscal management.

In my career managing communication satellite engineering teams, I developed complex systems that had to perform reliably for many years. I listened closely to understand customers' needs and worked collaboratively to reach timely, practical decisions. Through this work, I built effective teams, set priorities, managed large budgets, and achieved consensus. I managed those budgets with the discipline of a small business owner.

I also volunteered for 20 years with the Project Management Institute in Silicon Valley and served 2 years as President and 8 years as a board member. Our all-volunteer organization delivered 200 events a year for 2,200 members—experience closely aligned with a volunteer-driven community like Oakmont.

Here in Oakmont, I continue to serve as a board officer of the Oakmont Lifelong Learning and Asian Pacific Club, and previously through the Future Club. I understand how vital volunteers are and how to balance costs with benefits while anticipating future needs.

Our facilities are our shared investments. I am committed to helping Oakmont move forward responsibly, with both current residents and future homeowners in mind. I would be honored to serve you on the OVA Board.

For more information on my background, please see Terrie4Oakmont.com. Thank you for your consideration and your vote.



Star of the Valley

■Peter Hardy

BINGO NIGHT

Star of the Valley will be having its monthly bingo on Tuesday, March 10, at 4 p.m. All are welcome. Bingo begins promptly at 4 p.m. We ask everyone to arrive between 3:30 and 3:45 p.m. in order to purchase dinner and bingo cards before the first game begins at 4 p.m.

This month, dinner will be creamy butternut squash soup, garlic bread, and brownies for dessert. Cost of dinner is \$10, and bingo cards are \$2 each.

Come and enjoy a fun filled afternoon, win some money and enjoy dinner. We also have a beer and wine bar for a nominal fee.

OAK at the VOM Golf Club

■Khiana Schmuhl,
General Manager, Valley of the Moon Club

SUGARLOAF CLUBHOUSE UPDATE

In partnership with OVA, we are excited to announce the reopening of the Sugarloaf Golf Shop effective Sunday, March 1. If your tee time is scheduled for February 28 or earlier, please continue to check in at the Valley of the Moon Golf Shop located at 7025 Oakmont Drive.

If your tee time is scheduled for March 1 and beyond, please check in at the Sugarloaf Golf Shop located at 557 Oak Vista Court.

We appreciate your continued support and look forward to an exceptional 2026 season together. Thank you.

Valley of the Moon Club and OAK Restaurant have a full calendar of events and specials coming up this March, along with ongoing dining and golf offerings for members and guests.

OAK

New menu launched on February 1 at OAK. Swing by to check it out or visit our website at www.playvom.com/the-club/dining.

March Specials:

Double Down Discount: Our golfers have loved our February post-round special, so we are upping the bundle for March and keeping the party going! Order any signature cocktail, with an entrée, and make your drink a double for only \$2! For our beer lovers, sip your beer post round and enjoy a free one on us with the purchase of any entrée! Must present receipt for golf round purchased on the same day

Weekly March Madness Burger Special: Specialty burger each week! Burgers will come with their choice of fries for \$20.

St. Patrick's Day Special: Join us Tuesday, Mar. 17 for our Irish Classic—Traditional corned beef served with red potatoes, carrots, and fresh cabbage. A delicious addition to your Irish holiday! \$22

St. Patrick's Day Drink Specials running March 13–17 (Friday–Tuesday): Irish Coffee—\$7, includes shot of Baileys, Jameson, or Kahlua; Jameson—\$10, Mixed Drink/Shot; Mini Shooter—\$3 each (Baileys,

Jameson); Espresso Martini—\$13, served with Baileys, Tito's Vodka; \$8 cans of Guinness!

GOLF

Golf Shop Hours: Monday–Sunday, 6:30 a.m.–5 p.m. For tee times call (707) 539-0415.

Range Card Sale—March 20: We will have our monthly Range Card Sale on Friday, March 20. On this day you will be able to purchase our Driving Range card for \$100 (normally \$150) and gets you 12 large buckets for the price of 10. This is a huge savings for those of you who love to hit balls on the range.

Winter is the BEST time of year to work on your golf game. Learn about our instructors by visiting our instruction page at www.playvom.com/golf/instruction.

LIVE MUSIC AT OAK, 5–7 PM

March 16: Coffey Park Band

March 30: Relish Band

Doors open at 4 p.m. \$10 cash cover charge upon entry.

Contact Marisa at mmangano@playvom.com or (707) 539-0415 ext. 2.

MARCH PAINT NIGHT

March 6, 5–7 p.m., \$45 per person, www.paintedcellarssoco.com.

TRIVIA NIGHT

First Tuesday of every month (this month it's March 3). \$10 cash cover charge at the door, 5–7 p.m. (doors open at 4 p.m.). Prizes await our winners! Call (707) 539-0415 ext. 4.

POLICY REMINDERS

Finally, we'd like to extend a friendly reminder to refrain from fishing on any of the golf course ponds due to safety concerns.

We'd also like to remind everyone to follow the golf course walking hours located on our website at playvom.com.

For reference, please see walking hours on the golf course on our website: www.playvom.com/the-club/walking-policies.

Playreaders



■D. Hall

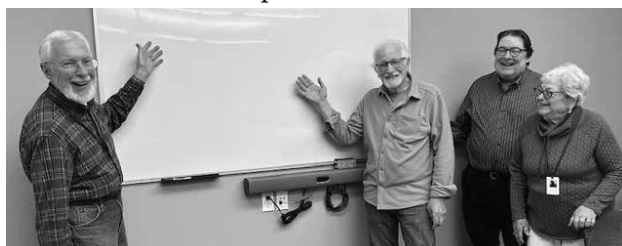
SISTERS FEEL LEFT OUT

Two sisters and their soon-to-be stepsister wait in the rectory while their parents marry for the second time. No one is happy. That's *Approaching Lavender* by Julie Beckett Crutcher, Oakmont Playreaders March 2 offering. Featured are Marcel Coder, Margaret Applegate, and Star Power, who also produced this reading.

Oakmont Playreaders has a terrific group of men and women who read plays aloud and even do a bit of amateur acting before small audiences. Right now, we have a specific need for more men with a bit of the acting urge to fill out our casts. Is that you? No need to memorize lines! We read from a script.

We are a friendly, supportive, totally unthreatening group and we just have fun. Come and see!

See Oakmont Playreaders the first two Mondays of every month in Room B (Birch) of the Central Activities Center at 2 p.m.



Art by Yasmina Reza. Readers were John Dolan, Steven Levin, Mark Parsons and Sandy White.



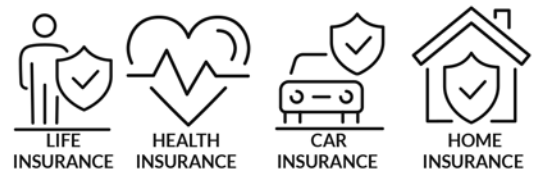
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Pickleball Corner



■Peter Copen

RETURNING FROM PICKLEBALL INJURIES

The most common Pickleball injuries are: ankle sprain, plantar fasciitis, calf sprain, Achilles tendinopathy, tennis elbow, rotator cuff pain, wrist fracture and knee injuries.

You're usually ready to return to modified pickleball when most of these are true:

1. You can walk briskly for 20–30 minutes without limping or pain increase.

2. You can single-leg balance for 30 seconds on the injured side.

3. You can perform basic strength work (calf raises, squats, band work, light gripping) without sharp pain.

4. You can change direction at low speed without hesitation or instability.

5. You can play 30–45 minutes and feel the same or better the next morning. If you fail the next-morning test, you're close—but not quite ready yet.

Read this before you rush back: Most pickleball injuries don't end playing careers. They expose how easy it is to come back too fast.



Graphics by Peter Copen.

Worth remembering:

- Your best session back is the one where you stop early. Ending on a good note protects tomorrow.

- Recovery isn't linear. A slightly bad day doesn't mean failure—it means adjustment.

- Volume hurts more than intensity. Two extra games often do more damage than one hard rally.

- Listen to the next day, not the last point. Morning stiffness and swelling are better judges than how you felt on court.

- Playing less now usually means playing more later. Rushing back costs weeks; patience costs days.

Treat your return to pickleball like a ramp, not a switch. Do that, and you give your body a real chance to stay in the game—not just get back into it.

Pickleball at Oakmont is for Oakmont residents and their guests only! New Player Orientation: 9 a.m. Tuesday mornings. Contact Victoria Dettman, (707) 230-2958. Call Jim Howard at (209) 761-8517 for demo loaner. Visit our website: <https://oakmontpickleballclub.com>.

Wii Bowling Oakmont Lanes



■Terry Leuthner

Oakmont Lanes Bowling Club is a Bowling League consisting of four-person teams that utilize Nintendo Wii to simulate the experience of bowling without the weight of a bowling ball. Any resident who has the ability of holding a small remote control in their hand while swinging their arm as if they were rolling a bowling ball will be able to join.

Anyone interested in joining our club, either as a team bowler or substitute, please call me at (707) 291-3023 or stop by the East Recreation Center on Tuesdays from 2–3:30 p.m. (no bowling fourth Tuesdays) to see us in action. We charge \$25 for a 10-week Tournament that includes the play-offs. 2 p.m. League: 8 teams, 4 bowlers per team. Each bowler bowls 3 games and has his/her own handicap (80%) and average.

See www.oakmontlanes.com for club information, bowling dates, week results and team schedules to bring cookies and help setup at 1 p.m. and tear down equipment at 3:30 p.m.

St. Patrick's Day Challenge: On March 17, a bowler must bowl a strike in the first and seventh frames (St. Patrick's Day, 3/17) to win a \$5 gift certificate to Safeway. Stay tuned for winners.

Bowling dates for March: Mar. 3 (week #7), 10 (week #8), 17 (week #9 St. Patrick's Day Challenge), 31 (week #10 Final Winter League). No bowling Mar. 24 (fourth Tuesday).

Bowling dates for April: Apr. 7 (Play-off Winter Tournament, Top 4 Teams, 2 p.m. East Rec.), 14 (Week #1, Summer League), 21 (week #2). No bowling Apr. 28 (fourth Tuesday).

RESULTS AS OF FEB. 17 (WEEK #6 WINTER LEAGUE)

Results are: first place, 4 Tops; second place, Alley Oops; third place tie, Pocket Hits and On Strike; fifth place, Wii Four; sixth place, High Rollers; seventh place, King Pins; eighth place, Strikers.

Men's High Games: Glenn Hewitt, 242; Gordon Freedman, 237; Charlie Ensley, 236; Scott Harris, 216; Mike Earles, 212.

Women's High Games: Joanne Abrams, 279; Valerie Hulsey, 278; Sandy Osheroff, 258; Carol Garneau, 245; Peggy Ensley, 237; Laurel Earles, 221; Karen Palmiotti, 213. Pat Scott, 212; Shirley Jamison, 210.

Most of us have all bowled on a bowling league some time in our lives and here's your chance to do it again without the weight of a heavy bowling ball. Come see us in action and join in on all the fun.

Conservatives Club



■Jane Gyorgy

SAVE THE CHILDREN AND THE EAGLE (FORUM) IS LANDING

Recapping our February 24 meeting, we featured Sharon Wood, Executive Director of New Day for Children. Founded in the Bay Area in 2009, this organization created a national network of trauma-informed residential programs specifically designed for victims of child trafficking. New Day for Children connects victims and families with trusted partner programs, offering hope and healing through safe housing, education, tutoring, life skills coaching, medical and dental care, and equine therapy. The organization receives no government funding and relies entirely on donations. Learn more at newdayforchildren.com.

Looking ahead to our March 24 meeting, we're pleased to welcome Orlean Koehle, CEO of Eagle Forum. According to EagleForum.org, "Our Mission is to enable conservative and pro-family men and women to participate in the process of self-government and public policy-making so that America will continue to be a land of individual liberty, with respect for the nuclear family, public and private virtue, and private enterprise."

Monthly meetings, open to all, are held on the fourth Tuesday, 4–6 p.m., at the Berger Center, 6633 Oakmont Dr. Members, please RSVP "Yes," "No," or "Maybe" to the invitation that will soon arrive in your inboxes.

Non-members, please email TheNewOakmontDD@gmail.com.

If you are bringing a guest(s), please provide the full name(s).

Café Mortel



■Linda Suhr

KNOWING OUR OPTIONS EMPOWERS US

Recently a woman walked up and said she wanted to thank me. She said that her elderly mother had come to Cafe Mortel and learned about Voluntary Stopping of Eating and Drinking (VSED) and several resources. Sometime later, her mother's health declined, so she decided to use VSED. The woman told me her mother felt strongly about exiting this life on her own terms. She also told me about the precious time spent with her mother telling stories, laughing, being close and making loving connections during their final week together. The woman was grateful for the information from Cafe Mortel, which enabled her mother's wishes to be honored.

Come to Café Mortel on Wednesday, Mar. 11. Let's learn about resources to help us prepare for life's end. We'll meet from 3–4:15 p.m. in the East Rec.

"Advance Health Care Directives with Heart" is a workshop on Thursdays (Mar. 5, 19, Apr. 2 and 16) from 2:30–4:30 p.m. in Oakmont. We will look at what really matters in life to you, options for care and choice, traits of a good decision-maker, dementia directives and more. Contact linda@autumnoflifeplanning.com for more information. Limited to 12 participants.

On Monday, May 4 "More Than Just an Advance Directive: Planning for End-of-Life Autonomy" presented by Final Exit Network will cover documentation and communication strategies essential for having your wishes honored and building a support network. Also explored will be pathways for a chosen death and the window of opportunity for each. This free workshop will be presented twice, so you choose either 9 a.m.–noon or 1–4 p.m. Send an email to workshop@FinalExitNetwork.org with your name, phone number and time preference. More information will be sent. Space is limited. Pre-registration is required.

Valley of the Moon Rotary Club



■John Brodey

THE THREE 'E'S

We have it all. When it comes to the three E's—Education, Enlightenment, and Entertainment—Sonoma County offers enough right here at home to save us many a trip to San Francisco. Between the Green Music Center, 6th Street Playhouse, the Luther Burbank Center for the Arts, youth arts programs, and smaller music venues, there's a lot going for a city our size.

But how much do we really know about these cultural treasures?

That question came into focus recently when Ashleigh Worley, Director of Education and Community Engagement at the Luther Burbank Center, spoke at a meeting of the VOM Rotary. What surprised many in attendance was the sheer scale of the LBC campus and the breadth of its weekly programming. Ashleigh, clearly passionate about the Center's mission, shared that on any given day there may be as many as four activities happening simultaneously.

The numbers tell a powerful story. Last year alone, LBC welcomed 373,318 visitors and presented 125 live and virtual performances. They also served 51,676 students, many of whom had never experienced a live performance before.

Like so many nonprofit organizations, LBC depends heavily on outside funding. While it may seem that selling out shows in their 1,600-seat performance hall would generate significant revenue, the reality is that the Center nets only about ten cents of every dollar spent on tickets. Many youth programs would need to charge \$40 instead of \$20 or less just to break even. Private funding is essential to sustain the scope of their work.

The organization is supported by about 20 full-time employees, another 40 part-time staff members, and nearly 200 volunteers.

Talk about a worthy cause.

Learn more at www.lutherburbankcenter.org, and come visit us for breakfast Thursdays at 8 a.m. at the East Rec. Center.



■Greg Fauss

LENT

As we step from February into March, I can't think of anything special that's celebrated. Everything significant lies further in the future beginning with St. Patrick's Day, followed by the first day of Spring, Palm Sunday, Holy Week, and finally, Easter Sunday.

Still, it is an important time because we are in the middle of Lent! Lent marks the roughly 40 days prior to Easter that began on February 18. Lent comes from the Old English word "lencten" signifying a time of reflection and renewal—and who doesn't need that?



A winter moon above Oakmont. (Photo by Greg Fauss)

You can find daily inspiration during Lent on our website as well as free paper guides and opportunities for reflection at our Sunday Worship Services. We meet Sundays at 10:30 a.m. in the East Rec. Center. For information about our Wednesday Morning Bible Study, Thursday meetings in Oakmont Gardens, Saturday Prayer meetings, and other gatherings go to <http://www.occsantarosa.org>, write us at occsantarosa@gmail.com or call us at (707) 595-0166.

Canine Club



■Steve Huntley

SPRING IS JUST AROUND THE CORNER

Less than three weeks to go and the doggies can't wait! Does that mean that dogs get Spring fever? They really do, but not exactly like the college kids that romp around South Padre Island! For the doggies Spring is a time to run, play, and socialize with other doggies, especially at the Happy Tails Dog Park right here in Oakmont.

No question it's a fun time of year for the canines and their owners, but with Spring comes a few things to watch for such as an increase in flea and tick activity, new growth of toxic plants such as tulips, daffodils, lilies, rapeseed, and bluebells, seasonal allergies, and increased temperatures inside cars. And let's not forget about foxtails, burrs, and other prickly weeds that can get embedded in the ears and nose. Keep a close eye on your environment and do a quick doggie inspection when they're done romping.

One of the great things about living in Oakmont is the volunteerism that is rampant throughout the community. At the Happy Tails Dog Park we do need

more volunteers. We try to have a different volunteer each day of the week plus a couple more for backup when folks are out of town. We would love to have a few more volunteers! It's fun work strolling through the dog park, with the doggies romping around while you inspect for damage and unwanted deposits and more! Just shoot Peri Olinger an email at periolinger@yahoo.com if you would like to volunteer.

The next up and coming play date at the dog park is the Doodle Dog Play Date on Saturday, March 28, 10 a.m.—noon. And finally, a reminder that every day from 3–4 p.m. the dog park is reserved for small dogs (25 lbs. or less)!



Zuzu.



Summer.

Kiwanis Club of Oakmont



■Charles Ensley

ARE YOU MISSING THE FOOD BANK BARRELS?

If you miss the Redwood Empire Food Bank donation barrels that used to be available in front of Berger and CAC, Kiwanis Club of Oakmont has a solution for you. We meet most Thursday mornings for a breakfast meeting at Berger Center. Drop off any food donations between 8–9:30 a.m. and we will transport them that day to the Redwood Empire Food Bank. Remember, REFB cannot accept glass jars.

Why not join us for a free breakfast if you have time! Are you getting ready for our next Kiwanis-sponsored Shredathon? It will be at Berger Center parking lot Thursday, March 26, 9 a.m. to Noon, or earlier if the truck is full. You may bring the equivalent of five banker boxes. No looseleaf or spiral notebooks, as they jam the machine.

There is no charge, but any donations fund Montgomery and Maria Carrillo High School scholarships.

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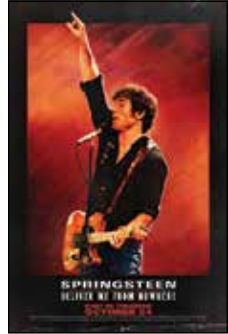
Movies At Oakmont



WHERE: Berger Center

SCREENING DAY AND TIME: Sundays at 2 p.m.

HOSTS: Mike McInnis, Deborah Davidson, Jeff Neuman and Barbara Marquardt.



NOTE: All films are shown with English subtitles, when possible, free of charge—compliments of the OVA.

MARCH 1: *SPRINGSTEEN: DELIVER ME FROM NOWHERE*

Bruce Springsteen's journey crafting his 1982 album Nebraska, which emerged as he recorded Born in the USA with the E Street Band. Based on Warren Zanes' book. 2025, PG-13, 1:59.



MARCH 8: *GREYHOUND*

Several months after the U.S. entry into World War II, an inexperienced U.S. Navy commander must lead an Allied convoy being stalked by a German submarine wolf pack. 2020, PG-13, 1:31.



MARCH 15: *NUREMBURG*

A WWII psychiatrist evaluates Nazi leaders before the Nuremberg trials, growing increasingly obsessed with understanding evil as he forms a disturbing bond with Hermann Göring. 2025, PG-13, 2:28.

Cal Alumni Club of Oakmont



■Marilyn Noah

LOCAL REPRESENTATIVE FROM SEE'S CANDY SPEAKS AND SHARES SAMPLES AT THE MARCH DINNER

The Cal Alumni Club of Oakmont's next dinner is on Thursday, March 19 at 5 p.m. at the Wild Oak Saddle Club. Cost is \$62 per person.



The speaker will be Stephanie Edgerton, local representative for See's Candy. She will speak on the history and current operations of this local company, which is headquartered in South San Francisco and was founded in 1921. There will be chocolate!

Dinners often sell out so if interested in attending, don't delay! Club members may register and pay for dinner on the club website, <http://www.caloakmont.org>. Guests are welcome at our dinners; contact oakmontcalalums@gmail.com for details on registering as a non-member guest.

The Cal Alumni Club fundraises to support scholarships for UC Berkeley students including scholarships for Santa Rosa Junior College students transferring to Cal. We meet for dinner at the Wild Oak Saddle Club every month except June, November and December. Our annual fundraiser is a popular wine tasting in June, and we coordinate a Big Game watch party every year with Stanford alums. Cal graduates and friends of Cal are welcome to join the Alumni Club.



Lend a Hand to Oakmont Birds and Bird Walk, March 6

■Carolyn Greene, Oakmont Environmental Stewardship Task Force

Oakmonters are not the only ones appreciating the increasing light and rainy days mixed in with warmer afternoons. Our avian fauna, insects, and other pollinators are also waking up to a new season of growth and nesting.

You can't miss the noisy and insistent Oak Titmouse as it moves nervously through our yards, looking for a mate. Hermit Thrushes are heading north, Dark-Eyed Juncos and American Robins are returning to our gardens, while the Great Horned Owl's haunting call can be heard all night in our tallest trees. It's a busy time, with lots of bird comings and goings.

How can we lend a hand to our local native wildlife in early spring? Birds begin nesting in February and go through late summer so avoid having trees and shrubs trimmed, and limit garden disturbance during nesting season.

Most critical is providing good habitat—the "Homegrown National Park" concept. It's a great time of year to plant natives and to make sure your yard provides shelter, food, and water for wildlife, while also being aware of fire-safe defensible space practices.

Keep feeders clean; fill with high protein food - bark



butter and suet. The American Bird Conservancy estimates that outdoor cats kill more than 2 billion birds annually; keep cats indoors—it's safer for them and for native wildlife. Avoid using herbicides or pesticides in your yard.

Celebrate our bird fauna! I will lead an Oakmont Birding Buddies' Walk to Spring Lake Regional Park on Friday, March 6, to see what winter visitors and spring migrant birds we can observe. Meet at the Berger Center at 8:30 a.m., return by 10:30 a.m. RSVP to cgnpark@icloud.com, (805) 443-7289.

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Oakmont Vets Club

■John De Groot

250 YEARS OF MARINE CORP LEGACY

The Oakmont Veterans Club invites Oakmont Veterans, residents and guests to a special tribute honoring the United States Marine Corps' 250-year legacy with featured speaker Commandant Bill Nay of the San Francisco Detachment, Marine Corps League. This unique community program will highlight the history, heritage, and continuing service of Marines across the generations.

Commandant Nay, a Vietnam veteran who served 30 years in the Marine Corps, will present "The Life of a Continental Marine—250 Years of Marine Corps Legacy" on Thursday, March 26, at 4 p.m. at the Berger Center, 6633 Oakmont Drive. Appearing in an authentic Continental Marine uniform, he will bring to life the story of the first Marines and the values of courage, honor, and commitment that have guided the Corps since its founding). His engaging presentation has been widely praised for making history accessible, meaningful, and inspiring for all generations, from younger guests to longtime veterans.

Nay's award-winning community service and lifelong dedication to preserving Marine Corps history have earned him national recognition, including the Marine Corps League's Marine of the Year (2024) and the National Distinguished Citizen



Bill (left) and Mike Nay.

Gold Medal (2025).

Join us as we celebrate 250 years of Marine Corps courage, tradition, and "Semper Fi" spirit in an afternoon of history, remembrance, and pride. Although the event is free, a small donation for Honor Flight and Vet Outreach tis appreciated. All are welcome—veterans, families, friends, and anyone interested in learning more about the earliest days of the Corps and its enduring legacy.

Oakmont Singles Social Club

■Bailey Penzotti

MARCH BON APPETIT (OSSC MEMBERS ONLY)

WHEN: Thursday, March 5 at 5:30 p.m.

RESTAURANT: Sonoma Diner, 52 Mission Circle, Santa Rosa

This cozy cafe offers an extensive sandwich menu, delicious sweet and savory crepes, and "Bigger Plates" including pastas that will keep you coming back for more. Customers can look forward to mouthwatering dishes such as Rosemary's Chick—a savory crepe filled with garlic and rosemary-marinated chicken, fresh spinach, mushrooms, and melted Swiss cheese, the indulgent Surf and Turf Pasta and the ever-popular, Dutch Baby!

Our reservation is for maximum of 20 members and open until March 2 at 5 p.m. or when the 20 slots are filled. If there are 20 members confirmed before this date, you will be placed on a waitlist.

Bring cash because the restaurant will not provide separate checks! Meet at Berger Center parking lot by 5:30 p.m. to carpool to the restaurant. RSVP on our website or email Simone Smith at ssmith8151@aol.com.



Joe, Michael, Bonnie and Karen enjoying night out with Bon Appetit. (Photo by Bailey Penzotti)

MARCH MIXER

DATE AND TIME: Friday, March 20, 6 p.m.

WHERE: East Rec. Center

March is the month when everything continues turning green (can you believe many spring flowers began to bloom in January?). Leprechauns start looking for their pot of gold at the end of the rainbows and college basketball teams are ramping up for March Madness. Everybody is a little Irish in March and many are NCAA Basketball fans. Go Cardinals! For this month's mixer, come with a "lilt in your laughter", some pep in your step, and a smile on your face to enjoy our own little March madness.

To start our evening, we'll have an election for our very important Board of Directors. Ballots listing nominees will be available at the OVA office between March 2-18. Fill out a ballot and cast it in the Ballot Box located next to the club folders. You'll also be able to cast your ballot at the Mixer. Once the elections are counted and the new Board is announced, we'll eat, drink and be merry.

Please RSVP no later than March 16 at 5 p.m. via our website, or email your Activities Director, Kat at KAT9433@icloud.com or club Prez., Bailey at bailey.osc1@gmail.com. If you need assistance with the website, please contact Alan at alans25028@hotmail.com.

Please bring an Irish or college themed appetizer or dessert to share, your own special libation to drink and remember to wear your name badge.

DO YOU LIVE IN OAKMONT? ARE YOU SINGLE?

If so, join our club to mix and mingle with other Singles. Oakmont Singles Club offers the opportunity to network with other singles who may have your same interests as you. For more Oakmont Singles Social Club membership visit our website at www.oakmontsinglessocialclub.org.

WELCOMING NEW PATIENTS



MARCH SPECIALS

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Oakmont Art Association

■Linda O'Connor

**MICHELANGELO:
THE DEMANDS OF GENIUS
MARCH 13, BERGER, REFRESHMENTS
10 AM, PROGRAM 10:30 AM**

Michelangelo Buonarroti (1475–1564) was the last great artist of the Italian High Renaissance, and the only one whose career outlasted that shining historic moment, refashioning it into a singular artistic triumph.



Painter, sculptor, architect, and poet, Michelangelo was a Renaissance unto himself, an artist whose work blew right past the scientific rationality of Leonardo da Vinci and the smooth polish of Raphael to answer an even higher calling—the voice of his own innate genius.

From the Pietá and David to the Sistine ceiling and the New St. Peter's Basilica, Michelangelo set the standards that would take art into the next century, while his unwavering faith in his own personal vision embodies a spirit that still lives in art today. Join local art historian Craig Griffeath for this memorable tribute to one of the most consequential artists of all time.

Craig Griffeath produced and taught art history programs for 25 years at Academy of Art University. He holds a Masters in Humanities from Dominican University and a Certificate in Western Arts Education from the Fine Arts Museums of San Francisco, where he served on the Docent Council from 1992–2004.



Craig Griffeath.

Since retiring and moving to Sonoma in 2021, Craig has continued to develop new programs to bring the story of art into the life of the community, including as an instructor in Lifelong Learning Courses.

Slot-Car Club

■Ray Wells

UPDATE ON SLOT-CAR PLANS

Our strategy has been to build a track in chunks, then move it into the racing venue in a couple of hours. At our January discussion it was determined that monthly track meetings would be better than the current 3-month cycle, and the track should remain mostly assembled to save time.

As we make progress behind the scenes to make that happen, let's consider the event program. We currently race 1/32 GT cars on a Carrera Digital system. I propose a separate class for owner-drivers based on 1/32 Prototype cars. These could be Carrera or any other make fitted with a digital chip—the only stipulation would be no metal under the car as this may short the rails. The track is fully bordered and would handle the wider cars easily, just remember there are banked turns and dips.



Prototype class. (Photo by Ray Wells)

Driving tip: The question of why my car is upside-down when other cars are going faster remains a mystery, but here are some clues. A car will roll if the force causing it to go over sideways is not counter-balanced by the wheels, meaning both front and back outer wheels. As the car uses a slot guide to steer around corners, the axis of the rolling moment is along a line passing through the top edge of the slot-guide.

Drawing a line through the guide and a back wheel it is way closer to the center of mass of the car than a line going through a front wheel. So, transferring the cars weight distribution forwards by braking reduces its tendency to roll. A braking car can enter a bend much faster than one already going slow to avoid tipping over.

Oakmont Garden Club

■Patty McHugh



WHEN: Wednesday, March 11, 9:30 Social, 10–11 a.m. Presentation, Q&A follows

WHERE: East Rec., 7902 Oakmont Drive

SPEAKER: Craig Griffeath, Art Historian

Join local art historian Craig Griffeath on a panoramic tour of inspiring gardens, as brought to life by some of history's greatest artists. From the Egypt of the Pharaohs and the villas of Pompeii to the glories of Versailles and the classic Landscape Gardens of the English Enlightenment, we'll see how the social role of gardens evolved and flourished through the centuries.

We'll look into the gardens of the Impressionist painters Pissarro and Monet, the rise of the American Garden Movement, the role of Victory Gardens in the patriotic messaging of the Second World War, and on to the Modern Art garden retreats of Frida Kahlo and Peggy Guggenheim.

Don't miss this unique and dazzling survey of how gardens have helped to shape the story of art. This is sure to be inspiration to all us gardeners and garden lovers. We look forward to a large attendance!

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Gabriella and Stan

Hikers



■Scott Finn

We welcome you to join us on a hike whether you are a member yet or not. The annual membership is only \$15. Go to our website at www.oakmonthikingclub.org to join the club, get hike details, club information, photos and more. For a complete description of each hike and to register, keep checking our website for updates.

MARCH 5: SHORT HIKE ESTERO AMERICANO COAST PRESERVE

A one-hour drive brings us to the trailhead at Shorttail Gulch; 3-mile hike through grasslands with 350' gain/loss, high above the Pacific. Hike will be led by preserve naturalist/land manager. Very limited cells service.

Bring water, snacks/lunch and poles; rain cancels. Check OHC website on March 4 for updates. Hike leader is Carolyn Greene, (805) 443-7289.

MARCH 5: LONG HIKE LASKY POINT OUT AND BACK VIA ROBERT LOUIS STEVENSON SP TRAIL

The hike from Robert Louis Stevenson State Park to Lasky Point will be about 8 miles out and back with an elevation gain of 1200. It's an arduous rocky hike, nonetheless spectacular views of the Napa Valley await.



Lasky Point Plaque.

Wildflowers should be in bloom. There are no restrooms.

We will be leaving Berger at 8 a.m. for a 45-minute ride to the trailhead. Bring poles, water and lunch. Hike leader is Peggy Clark, (650) 274-4137.

MARCH 12: INTERMEDIATE HIKE ANNADEL—LAWNDALE/SCHULTZ SHUTTLE HIKE

We will hike the Shultz and Pig Flat Trails, stopping at the Ledson Marsh picnic table (aka Laura's table) for a snack or lunch, then proceed via Marsh to descend the Lawndale Trail. Hike is about 5.5 miles, 900 feet elevation gain.

Leave Berger 9 a.m. Hike leader is Florentia Scott, (707) 591-1929, hikingscott@yahoo.com.

MARCH 12: LONG HIKE PALOMARIN TO ALAMERE FALLS VIA WILDCAT CAMP



Alamere Falls from the beach.

We will begin at the Palomarin trailhead and take the Coastal Trail to Wildcat Camp, where we will dine on the beach with a view of the falls in the distance. From there, we'll walk on the beach for about a mile with a constant view of the falls before us. Once at the falls, we will scramble up the cliff through a narrow

notch and cross the stream to access the shortcut back to the Coastal Trail. The entire hike will be roughly 11 miles out and back with 1,470 feet of elevation.

If you are interested in this hike you must register on our website and review the full description detailing the climbing up the falls section of the hike. Hike leader is Jeff Zalles, (415) 999-5333, jeffzalles@gmail.com



Oakmont Movers and Groovers



■Denise Lindsey

A NIGHT TO DANCE

Based in San Francisco, California, the Anthony Paule Soul Orchestra was founded in 2007 by guitarist/songwriter Anthony Paule. Inspired by authentic Soul and Blues recordings of the '60s and '70s, this dramatic, horn-driven, extravagant act took shape. Known for its great, authentic singers, APSO invites the newest member, the incomparable vocalist Willy Jordan, to join the organization.



Anthony Paule Soul Orchestra.

Having worked with Elvin Bishop's Big Fun Trio (which garnered him two Grammy Award nominations), John Lee Hooker, among others, Willy holds court from a throne previously occupied by Wee Willie Walker, Frank Bey, and Terrie Odabi. Jordan's commanding vocals and unpretentious stage presence give audiences an honest, fresh, heartfelt experience. **WHEN:** Saturday, March 14, 6–9 p.m. (doors open at 5:30 p.m.)

WHERE: Berger Center, 6633 Oakmont Drive

TICKETS: Member \$25, non-member \$30. Tickets will sell out quickly, so register early. Seating is open unless you reserve a table for 8.

Feel free to bring your drinks and snacks to enhance your experience.

MEMBERSHIP

Now is the time to renew or join for the first time. Dues are 10 per calendar year. You may pay by cash or check payable to OMG. Drop off at the OVA office in the folder. Each member may bring one guest.

Oakmont HEARS Hearing Education, Advocacy, Research, Support



■Rich Osborne

JOIN US FOR OUR NEXT MEETING— MARCH 3

Family get-togethers can be especially challenging when hearing is difficult. Do conversations fly by too fast? Do your grandchildren talk to you, but you can't quite catch what they're saying? Many of us experience these tough times.

We invite you to join us at our next HEARS meeting to share how you cope at family gatherings, and to connect with others who understand the same challenges.

DATE: Tuesday, March 3 (this later date is primarily due to room availability)

TIME: 2:30 p.m. **LOCATION:** Birch Room

Come exchange tips, learn what helps others, and discover how new technology can make everyday life easier. You may be surprised by what's available today—from captioning apps on your phone to glasses that display captions right in front of you.

Mark your calendar—we'd love to see you there!

Jazz Club Classes



■Michael James

LIVE MUSIC IN MARCH AND APRIL

Our March musician is Jenny Watts. She will be performing for us on Wednesday, March 4 at 2 p.m. Jenny is a talented pianist who has played the piano all of her life. Growing up in Burlingame, CA, she began studying piano at age seven. She studied privately for 10 years and continued perfecting her craft for years.

In 1981 she and her husband moved to Willits where they raised two children and owned and operated a retail nursery for 37 years. During this time, Jenny taught piano for over 30 years, and became an accompanist for many groups and events in Willits. She accompanied the Willits High School Vocal



Jenny Watts.

Ensemble for seven years at their concerts and went on to work with local choral directors, accompanying their choirs and students. She played the piano in several musicals including *Grease*, *Oliver* and *Gypsy*.

She enjoys playing classical piano music as well as jazz standards and musical theater numbers. She is now retired and a resident of Oakmont since 2018. Jenny will play a variety of classical and jazz standards and invite the audience to sing a few favorites. I will lead the sing-along.

WHEN: Wednesday, March 4

TIME: 2–3 p.m. performance, 3–4 p.m. open jam/workshop

WHERE: East Recreation Center

COST: Suggested donation \$5

Our April musician is violin stylist Candace English. She will be presenting a concert on Wednesday, April 1 at 2 p.m. She will be joined by preeminent guitarist Randy Vincent and seasoned improviser/orchestral bassist, Bill Fouty. They will be playing selections from the American Songbook and country and folk tunes by composers such



Candace English.

as Duke Ellington, Oscar Levant, Hoagy Carmichael, Willie Nelson, David Grisman and Leon Russell.

Candace English is a longtime Oakmont resident, who has been a classical soprano, actor and theater musician, director of choirs and musicals. She has composed mostly choral music and works for children's theater. Candace is also the facilitator of our Oakmont Grief Support Group. Read more on her websites: candacenatvigenglish.com and candacenenglish.com.

WHEN: Wednesday, April 1 **TIME:** 2 p.m.

WHERE: East Recreation Center

COST: Suggested donation \$10

Current Events Discussion Group



■Tina Lewis

This is a very important time to discuss current events! Please join us every Friday from 1–2:30 p.m. at the East Rec. Come in person if you can; join on Zoom if you can't. If you come in person, a donation of \$2 is requested.

Issues discussed range from local to national to international. All sides of issues are encouraged. Following the meeting join us at OAK for Happy Hour. This has become very popular, giving everyone a chance to socialize, unwind, and have something to eat and drink.

If you want to be put on the mailing list, including Zoom, email tinalewis31@comcast.net or call (707) 758-9739.

Oakmont Health Initiative Free Fitness Classes

A Wise Woman Exercises

■Charlene Bunas

Wisdom comes from North Dakota native, San Francisco transplant and former Kenwood resident, Janet.

When she was eight years old, her family moved from Grand Forks (snowfall: 37.2") to San Francisco (freaky February 1976, 2").

In 1976 she moved to the bucolic hills of Kenwood. Relishing the weather in their slice of Valley of the Moon, she and her husband hiked trails around their home. The last Kenwood "snowfall" was in 2019 and because they'd moved to Oakmont in 2011, they rejoiced.

No stranger to exercise, Janet began exercising as a teenager, an attempt she says "that compensated for her love of desserts." Her teachers? Jack LaLanne and Richard Simmons.

In Kenwood, she jazzercised in the Kenwood Depot. "The Depot's storied history seeped from basalt stone walls," she says. "Built in 1887 for railroad trade, it lost its purpose when the automobile arrived. In 1940 the Women's Kenwood Improvement Club bought it for \$10.00 but 'only if events planned there were of community interest.' And to this day, that agreement still stands."

In Oakmont Janet's introduction to OHI was when she met one of founders. "Tom Woodrum met me once and never forgot my name!" Long after Tom and Theresa moved away, Janet is still a faithful student, barely misses a class.

Or a hike. Her love of hiking takes her to both meditative (behind East Rec) and challenging trails (Annadel.) In addition to the Hiking Club, she enjoys the Singles Club, and the Needlework Club, where she knits.

Janet is motivated by "people who have lived long lives and who have sharp minds. It's because they're active and socialize with friends."

To her, fitness is "having the strength to do the activities I enjoy with ease and agility." Wisely said, Janet.

Mon., Wed., Fri., 9 a.m. at Berger.
Zoom: 850 1489 7161/998608.

Water Fitness



■Valerie Hulsey

Since the West Pool is closed all of Mary's water aerobic classes will continue at 9:30 a.m. Monday through Thursday at the Central Pool until further notice. We do have class rain or shine so please join us for 50 minutes of exercise and fun. There is a drop-in fee of \$10. We look forward to seeing you soon.

Julie's regular Friday water exercise class will also be at the Central pool and her class continues all year round at 10:10 a.m. every Friday. All fitness levels are welcome! \$8 drop-in fee.

Strength and Balance Class

■Valerie Hulsey

MARY'S FITNESS CLASS

The Balance and strength class is held every Friday at 9:30 a.m. at the East Rec Center. Not only do we work on our balance skills we have lots of fun doing so. The laughter in the room is always contagious.

Everyone is welcome to join the class. There is a \$10 drop-in fee and don't forget to bring your TheraBand for strengthening. If you don't have one you can purchase one for \$5 when you arrive.

Bring water and come and have some fun and improve your balance at the same time.

Meditation

■Joanne Davey

MEDITATING TOGETHER

WEEKLY MEDITATION SESSIONS AT CAC

"You can't stop the wave, but you can learn how to surf."—Jon Kabat Zinn

Our meditation circle is growing! We invite you to join one or both of our weekly drop-in meditation sessions which have been taking place for many years.

Saturdays at 10:30 a.m. in the CAC Building, Birch Room: This is a 35-min. meditation. This session frequently begins with a short 15-20-minute talk about various aspects of meditation.

Tuesdays at 4 p.m. in the CAC Building, Art Room: A 30-min. meditation. Beginning and experienced meditators are welcome.

We approach meditation as a non-denominational practice.

If you have questions, please contact Trisha Mitchell, (650) 255-4026.

Music at Oakmont



■Judy Walker

OUR MARCH CONCERT

By the time you read this it will be a few short weeks until our March 2026 concert. As previously reported our performing group, Ensemble Schumann, will be making their Oakmont debut.

Living up to their namesake, their program will indeed include several Schumann works—a delightful set of Romances for oboe and piano and "Märchenbilder" (which translates to Fairy Tale Pieces) for viola and piano.

You will also hear works from some composers that might be unfamiliar to you. In my opinion, I think we may have a tendency to associate the unfamiliar with music that's potentially difficult to appreciate especially if the composer's dates lie in the 20th or 21st century. In the case of three composers on our March program, I'd like to dispel this notion.

Arthur Foote, an American composer who spent his entire life in the Boston area, was an early advocate of Brahms and Wagner and his music is viewed as Romantic and European. However, the piece featured on our stage—"Sarabande and Rigaudon," both

dances from a much earlier period—demonstrate an almost Baroque style.

In much the same way, August Klughardt, whose work "Schflieder" (Reed Songs) will be performed, lived almost entirely in the 19th century and, although



Ensemble Schumann.

Oakmont Sunday Symposium



Berger Center, 7902 Oakmont Dr.
Sunday, 10:30 a.m.–12 noon, \$3 donation
www.oakmontsundaysymposium.org

■Judie Coleman

Coffee, tea and snacks are available for sale in Berger from 9:45–10:15 a.m. before the presentation begins.

MARCH 1: SAMUEL COHEN ANCIENT ROME: MYTH, INTRIGUE AND REALITY



What do we really know about Ancient Rome—and how much of it is wrong? In this engaging talk, you'll travel back to the ancient city to uncover four surprising ways we've misunderstood Rome, and discover a civilization far more colorful, complex, and unexpected than the one we thought we knew.

MARCH 8: JEFFREY COLLINS, DO FAAD FROM ITCH TO OUCH TO UH-OH: AGING WELL IN YOUR OWN SKIN

Your skin tells a story—about your health, your habits, and your age. In this practical, eye-opening talk, a dermatologist cuts through the hype to explain what to look for on your skin: what's harmless, what's worth worrying about, and when to seek care. You'll learn how to spot early warning signs, separate good advice from bad skincare myths, and adopt smart, realistic strategies for keeping your skin healthy, resilient, and looking its best as you age.



MARCH 15 (DAYLIGHT SAVINGS STARTS): KY BOYD KY'S ANNUAL OAKMONT ACADEMY AWARDS REVIEW



Ky Boyd, a self-professed movieholic who operates the beloved Rialto Cinemas in Sebastopol, will give us his expert take on the movies and actors nominated for the 2026 Oscars. This is always a very lively and fun event, even if you haven't seen all (or any) of the movies. (Sequined dress and Tux not required.)

a great admirer of Liszt and Wagner, his music was far more influenced by Robert Schumann.

The third "mystery" composer is Michael White who, not quite contemporary (he died in 2022) is clearly a composer of the 21st century. His "Introduction and Dance" was written in 2015. It consists of two contrasting segments—the "Introduction's" haunting melodic sequence leads to a lively, and jazzy "Dance" sequence.

Together with the much loved "Kegelstatt" trio by Mozart we have a program that provides both variety and a unique musical experience—you are extremely unlikely to hear this line-up of composers again.

Please do join us for this enjoyable event and be sure to read Rosemary Waller's illuminating Program Notes on our webpage: <http://www.musicatoakmont.org>.

WHEN: Thursday, March 12 at 1:30 p.m.

WHERE: Berger Center

ADMISSION: \$35 (cash or check only), or with season pass

Let's Dance—Together!

■Terry Whitten

LEARN TO DANCE CHA CHA IN MARCH

WHAT: Beginning Cha Cha Partner Dance Classes

WHEN: Wednesdays March 4, 11, 18 and 25

TIME: 4–5:15 p.m.

WHERE: Lower West Rec.

COST: \$10 pp for 2 or more classes purchased at same time; \$12 pp for single class

RSVP: Please contact instructor, Terry Whitten to register in advance at twhitten@pacbell.net or call (415) 265-7590. Class size may be limited



Cha Cha is an upbeat and lively partner dance that grew out of the Mambo from Cuba in the 1950's. Besides Latin songs, there are also a lot of contemporary pop songs that have a Cha Cha beat including songs by Santana, Earth Wind and Fire, Madonna and Lady Gaga.

No partners or experience are required. We will rotate partners during the classes, although rotating is optional. Classes will meet for 4 sessions to learn the most basic steps. If you can't make it to all 4 classes, it is at least best to come to the first 2 classes since each week after the first will build on the material taught in the 1st week. Also, any ladies that want to lead and any men that want to follow are very welcome.

Join us for a fun way to get exercise and meet great people. Some studies also indicate that partner dancing may actually increase mental acuity and reduce the possibility of cognitive decline. It is definitely good for our muscles, balance, brains and spirit!

To register and for any questions, please contact me at twhitten@pacbell.net or call (415) 265-7590.

Oakmont Pétanque Club

■Don McPherson

NEW FRENCH NATIONAL PÉTANQUE CENTER

Anticipation is building in France for the March decision of the regional Environmental Authority permitting construction to begin on the new French National Pétanque Center in the small south-eastern village of Chomérac in the Ardèche. The French National Pétanque Federation (FFPJP) long headquartered in Marseille, announced the 10 million Euro project in December, 2022.

Besides housing the administrative offices of FFPJP that will move from Marseille, the new Michel Desbois National Pétanque Center will feature a training and coaching center capable of hosting pétanque competitions with 32 indoor courts with bleacher seating and 32 outdoor courts. Groundbreaking is planned for later in 2026 for a 2027 opening. FFPJP, the largest and strongest national pétanque federation, has over 302,000 dues-paying member players in France.

Specifically for promoting training, including training of interested individuals as well as of clubs and national teams, FFPJP also accredits the International Center for Pétanque Training (CIEP) in Sergines, Burgundy. An experienced coaching staff of veteran national and international pétanque competitors directs CIEP's indoor training facility. The CIEP program features residential 3-, 4-, and 5-day immersive training courses open to anyone including room and board (<https://sites.google.com/view/ciepenglish>). CIEP also has a satellite training center for Central Europe in Prague, Czech Republic.



Ellean Huff points during a 2025 match with Barbara Newton (L) and Lisa Bonomi (R) looking on.

PÉTANQUE IN OAKMONT MONDAY, WEDNESDAY, SATURDAY

Pétanque (pay-tonk), also known as Boules, has been a feature of organized play in Oakmont since the 1980s. The Club, founded as an OVA organization in 1996, encourages interested Oakmonters to come to the courts between Berger and the OVA offices at 9:45 a.m. on the Club Play days of Monday, Wednesday, and Saturday. Club Play days are casual friendly games with teams randomly chosen. The club has boules to lend while you're learning, and you'll be playing right away.

Spirituality Collaborative

■Geoff Canham

SHARE YOUR VIEWS

The Spirituality Collaborative welcomes visitors who are interested in discussing the spiritual life at all our meetings. We follow no particular belief system or practice, and we enjoy hearing a wide range of ideas.

If you value shared reflective conversations, why not join us at one of our upcoming meetings? Our meetings are held in the Birch Room of the CAC, and we meet every second and fourth Tuesday of the month, at 4 p.m. We invite you to join our discussion and share your views.

For more information, contact Sue Aiken at slaiken5440@gmail.com and/or me at gcanham@cs.com. If you'd like, we can put you on our email list and notify you of upcoming meetings and what the topic will be.

Come and share your views.

Lawn Bowling



■Mary C. Blake

INTERESTED IN LEARNING TO BOWL?

Email us at oakmontlawnbowling@gmail.com. Training is about 3 lessons followed by a practice game. Membership is \$20 per year.

NEWS FROM THE FEBRUARY BOARD OF DIRECTORS MEETING

OVA plans to install new benches around the Green. PIMD has canvassed us about membership. For anyone interested in bowling in PIMD tournaments, consider joining the Fresno Lawn Bowling Club.

Bank issues have been resolved.

Gary Wickel has volunteered to oversee food at tournaments. (Thanks Gary!)

Richard Goodwin suggested having our intraclub tournaments as round robins so teams can bowl more than one game and championships are decided in one day (with shorter games). To gauge interest our first intraclub game will probably be a round robin.

Please welcome our four new club members! Janet will help to make sure that new members are encouraged to come out and bowl.

Our calendar for tournaments and social events is done and posted to our website, Green Book, and bulletin boards. The Green Book will be available starting March 1.

From Richard: "MJG, almost here! No, not the newest luxury sports car. It will dust cobwebs off your game. Really? Stay tuned for updates. Just prepare for a face melt. Without Botox? Hmmm... MJG."

JB and Richard will pursue getting two arm extenders. I've seen the newer ones used in a video and they look like a very simple, easy-to-use extension. They'll be wonderful for anyone with a bad back or bad knees.

Our club is still considering hosting a version of Senior Games, possibly in late September or early October.

And Richard has asked that I send out more e-blasts, so be prepared!

Check out our website for photos and our calendars. Email: oakmontlawnbowling@gmail.com. Website: <http://www.oakmontlawnbowling.com>.

Oakmont Democratic Club



■Ida Engli

PLANNING FOR 2026 ELECTIONS

The Oakmont Democratic Club is presently planning its agenda for the 2026 elections, inviting all interested to offer ideas and suggestions that reflect what Oakmonters want to see happen throughout this election cycle. The club invites residents to its open meetings, and to consider helping with the planning and implementation of meetings, fundraisers, and political actions that will help decide 2026 election results, both locally, statewide, and nationally. See below and oakmontdemocraticalliance.org for more information.

In January the club sponsored Fred Glass who educated Oakmonters about fascism with his presentation, "American Fascism Today." Glass stayed late to answer the many questions from his large audience. At the February 9 meeting Jennielynn Holmes, CEO of Catholic Charities of Northwest California, a local authority on local and national homelessness, updated her audience on the issue, "ICE, Immigration and Homelessness in Sonoma County."

The next speaker will be on March 9 at 6:30 p.m. at the East Rec. The April 13 speaker, at East Rec. will be the current Santa Rosa mayor, Mark Stapp, who was so well received recently at the Sunday Oakmont Symposium. Check oakmontdemocraticalliance.org for details.

Next Oakmont Democratic Alliance Speaker Evening: March 9, socializing at 6:30 p.m. Presentation and Q & A beginning at 7 p.m., East Rec.

Much more at oakmontdemocraticalliance.org



NEED A RIDE? GIVE A RIDE! OAKMONT VOLUNTEER HELPERS

COORDINATOR

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March 1–15 Jen Rabalais 808-938-4479

March 16–31 Colleen Keegan 925-487-4014

We provide the following services to Oakmont Residents:

- Transportation to medical/dental appointments, including pet appointments in Santa Rosa only
- Rides to events and activities within Oakmont
- Meals on Wheels 707-525-0383

If you would like to be a volunteer, please call 539-8996. Donations to Oakmont Volunteer Helpers are appreciated and tax deductible.

Mail your check payable to Oakmont Volunteer Helpers, 6637 Oakmont Dr., Ste. A, Santa Rosa, CA 95409. Thank you.

Mon.–Fri. medical rides before 9 AM or after 4 PM are subject to limited volunteer driver availability. No service on weekends or holidays.

Please call at least three full working days prior to appointment.

We regret that we are unable to provide either wheelchair or emergency service.

HOW TO CONTACT LOCAL OFFICIALS

County Supervisor Rebecca Hermosillo, District 1

Phone (707) 565-2241

Email: rebecca.hermosillo@sonoma-county.org

Address: 575 Administration Drive, Rm. 100A, Santa Rosa 95403

City Councilwoman Dianna MacDonald, District 3

Email: dmacdonald@srcity.org

Address: City Hall, 100 Santa Rosa Ave., Rm. 10, Santa Rosa 95404

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- Pre-paid standing ads of 150 spaces or less, for a period of 6 months (12 issues) \$216
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DEADLINE: 10 days prior to publication.

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Toxic Waste Collection



■OVA Staff

**TUESDAY, MARCH 31, 2-7 PM
AT WEST REC.**

LIMITS: 15 gallons of liquid (with a maximum of five gallons per container) or 125 pounds of solid material. Never mix chemicals. Place in sealed containers in the trunk, packed to prevent spills. Syringes/needles must be in sealed, approved Sharps containers.
NOT ACCEPTED: Explosives or ammunition,

radioactive materials, biological waste (except syringes), TVs, computer monitors and other electronics and business waste.

Online appointments are available. To sign up, visit zerowastesonmahhwevent.as.me/Oakmont.

You can also call (707) 364-6927 to schedule an appointment. Only 100 appointments available—first-come, first-served.

Tennis Club



■Diane Curtis

WINTER SOCIAL

Forty-eight tennis players and their significant others put away their tennis duds and cleaned up nicely two weeks ago to attend the 2026 OTC Winter Social at the inviting Wild Oak Saddle Club. Before-dinner drinks in the bar got the party started, and lots of chatter—tennis-related and otherwise—almost drowned out musician Nick Foxer, a one-man band and singer who played favorites from the Elton John, Tom Petty and Beatles eras. Diners could choose salmon, beef or mac 'n' cheese—or all three—for the main course plus sides, dessert and wine. After dinner, the dance floor was open, and Nick kept the music going.



OTC President Frank Passaglia thanked and presented gifts to outgoing President John Hughson and to Arnie Herskovic, who has been in charge of court maintenance for three years but is passing the reins to Mike Scrobonia. Frank also delivered the news that It appears that pickleball's attempt to

take over the upper East Courts is suspended for the foreseeable future.



L to R: Rex Fuller, Frank Passaglia and Arnie Herskovic.

Big thanks to a number of people: Frank, for being OTC spokesperson and liaison to OVA administration on the courts issue; Pete Hogan, czar of the East Courts, for relentlessly pushing the issue, engaging neighbors and encouraging all of us to fill those courts; and Frank and Judy Passaglia for all their long and hard work organizing the social and seeing to its success. Also, deepest gratitude to Tony Agocs for his leadership and masterful weekly clinics that contain humor and kindness and that have made many of us far better players than we thought we could be.

Coming Up: March 13, 9 a.m. West Courts. March Madness Blind Draw Tourney. Don't forget rotating play Tuesdays and Thursdays on the East Courts at 10 a.m. For more information, write to hellooakmonttennis@gmail.com.

take over the upper East Courts is suspended for the foreseeable future.

Lifelong Learning



■Marlena Tremont

SPRING CLASS PREVIEW

**WEDNESDAY, MARCH 18, BERGER
2:30 PM MUSIC AND REFRESHMENTS,
3 PM PROGRAM**

Come hear the instructors for this incredible Spring line-up!

JACK LONDON IN THE SOUTH SEAS



**Instructor: Dr. John Freedman
Thursdays, Apr. 9 and 16, 3-5 p.m., Berger
2-week session. Cost: \$35 or \$26.25 with discount**

JIMMY CARTER, RONALD REAGAN, AND THE TWILIGHT OF AMERICAN LIBERALISM

**Instructor: Mick Chantler
Thursdays, Apr. 23, 30, May 7, 14, 21 and 28
3-5 p.m., East Rec
6-week session. Cost: \$95 or \$71.25 with discount**

WINE: IN HISTORY, ART, AND SOCIETY

**Instructor: David Sandri
Mondays, Apr. 13, 20, 27 and May 4
3-5 p.m., Berger
4-week session. Cost: \$65 or \$48.75 with discount**

ARCHAEOLOGY IN THE LAND OF THE BIBLE

**Instructor: Alexis Boutin
Wednesdays, April 15, 22, 29, May 6, 13 and 20
3-5 p.m., Berger
6-week session. Cost: \$95 or \$71.25 with discount**

GREAT WOMEN OF THE BLUES

**Instructor: Pamela Rose
Mondays, May 11, 18 and 25
2-4 p.m. (early start time), Berger
3-week session. Cost: \$50 or \$37.50 with discount**

Purchase multiple classes at the same time for the same person in the same semester and receive a 25% off to total. To register for classes, go to Oakmontll.org, fill out a form with payment in the OVA office or pay at the door.



SANTA ROSA

MARIMBA HONOR BAND CONCERT

Local music educator, Irene Gilchrist, is back again with her talented troupe of student musicians. Prepare to be astounded as you enjoy world music selections played on specialized Zimbabwean marimbas. Join us in supporting this valuable program through onsite donations. Watch for smiles of joy and gratitude.

WHEN: Friday, April 10, 5-7 p.m.
WHERE: Berger Center
TICKETS: Free concert, donations appreciated. Theater seating.

Silver Guys of Oakmont

■David Levasseur



SPRING POTLUCK

Silver Guys of Oakmont, and their invited guests, will host a Spring potluck on Sunday, March 8 at the East Rec. Center from 2-5 p.m. As usual, please bring food and beverage to share.

Silver Guys of Oakmont provides an opportunity for Oakmont gay men, and their friends, to enjoy non-political, social and education activities. All men in Oakmont are invited to attend.

Asian Pacific Heritage and Culture Club

■Curtis Chong

CONCERT: SHUYING LI, FRANCESCO LECCE-CHONG, SANTA ROSA SYMPHONY MUSICIANS

WHAT: Performance and Presentation by Composer Shuying Li with musicians from the Santa Rosa Symphony and Music Director Francesco Lecce-Chong

WHEN: Saturday, March 7, 3 p.m.
WHERE: Berger Center
COSTS: Free to Oakmont Residents

Please join us for this special performance and presentation by one of the most important and prolific composers today, Shuying Li. A string quartet from the Santa Rosa Symphony will perform traditional Chinese folksongs by Zhou Long along with Shuying's

"Miss Ying-Ning"—a traditional Chinese folktale that she has set to music. Francesco Lecce-Chong, Music Director of the Santa Rosa Symphony, will lead a conversation with the composer about her background, influences and music. They will also preview Shuying's latest work, "Coping Cadences," which will be receiving its world premiere by the Santa Rosa Symphony, March 21-23, at the Green Music Center.

Shuying Li is originally from China and began her musical training at the Shanghai Conservatory of Music. She holds a master's and doctoral degree from the University of Michigan and is currently on the faculty at the California State University, Sacramento. Her works have been performed by major orchestras and ensembles including the San Francisco Symphony, Seattle Symphony, and Orpheus Chamber Orchestra. Her works have been performed worldwide including United States, China, Netherlands, Finland, Romania and Italy.



Shuying Li.



Francesco Lecce-Chong.



MAHJONG PLAY IN THE CENTRAL ACTIVITY CENTER ON SUNDAYS

We are hosting Chinese and American Mahjong play in the Central Activity Center, card room B between 1:30-4:30 p.m., every Sunday afternoon. There are no reservations needed. First come gets whatever tables are available, remaining tables can be other style.

Bring your sets if you want to play Chinese or American mahjong.

Please keep the room clean after use.



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